

Name: _____

Date: _____

Counselling Terminology

C O N D I T I O N S O F W O R T H
A F A O N S U M M A R I S I N G O
A C T I V E L I S T E N I N G U C
O R G A N I S M I C S E L F V A A
Y Y H F B X A W R U S M X M X B R
Z X I Y R M W K K Y X T B O X R L
H B U L O X S E L I K W M J X A R
F U N I B C H R K F W Y X Q E H O
Q P E H E N K U E O Y O U K M A G
S R U Z F V H O A V G Q A H P M E
G B P A R A P H R A S I N G A M R
Q S E L F C O N C E P T O Z T A S
N J Q R G S V F Q X R O Q A H S X
C K A I Y N N B T K Y E Q V Y L A
S E L F A C T U A L I S A T I O N
M M B B X P E I K T S E C Y A W S
R H B A C O N G R U E N C E L D Y

Conditions-of-worth

Self-actualisation

Active Listening

Organismic-self

Abraham-Maslow

Paraphrasing

Self-concept

Carl Rogers

Summarising

Congruence

Empathy

UPR