

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Crazy Safety Friday

A F W A O T Q A C D F M X S R A Q C N O X T N P  
O N H C T M S H M Y I Y E T E Z S A P O F D O E  
N G K X F F X O Y Z Y I T N P T W R O I P V I V  
H O Z D U W P T S B L V U I E B E P L F G G T R  
V V K R Z W J P Q R U C Y O T M N E U T W N R E  
Y N N G N A I D E M O F D J I L I L L O G I E N  
S O G N I T S I W T I T L W T K A Z R N L Y X O  
N I S Z G K R R D S N L R G I E P K I Z H R E Y  
O T U B P O Q Y T P U I H G V U I Y X S U R R V  
D O T X C C Q X U P S H E Q E N R M Z E A A E A  
N M F I N M Z L A T O X L R G R S F W F D C V E  
E U P K N L E W O F K Q P C U Y T W Q S M N O H  
T R C L E G K C X W Q B T H H Y C H I G G W I D  
F R D I U W L H H T E P F A C D U E U T F X E F  
Q A S C A E N I G A K R H C T E R T S M C J N L  
S P V R T W E E N T N Z I D A Q J C M W B H P I  
M Y D B R E A K E G E I M N K I V C T N Z K N N  
P U N M W S R H K A E M C Z G I R C H X S J S N  
O P S D S W Z T V B S I K A V E V B C A U W S Z  
D K Q C R T C Y Q A G B E R L C B E T R O J E A  
M Z F J L O F F I N G E R S G A T O Y C S Y R G  
K F F N D E M S M P U S H T E I L I N F B B T K  
Y U W E O C S E Z C O H C R P Q O E P E T K S O  
Y D K K T C T U N N E L C K O P L A N E S Z Y B

- |              |            |            |          |          |          |
|--------------|------------|------------|----------|----------|----------|
| overexertion | mechanical | repetitive | tingling | syndrome | twisting |
| lowering     | hurrying   | carrying   | stretch  | awkward  | fingers  |
| tendons      | muscles    | working    | switch   | motion   | median   |
| tunnel       | carpel     | joints     | stress   | injury   | break    |
| index        | nerve      | thumb      | bones    | wrist    | torso    |
| knees        | heavy      | fist       | pain     | task     | help     |
| plan         | pull       | push       | lift     |          |          |