

Name: _____

Criminal and Addictive Thinking

F Q N Q F A K S D V S D E P R E S S I O N L P K
K U T S R I F T N E M E T I C X E K E E S X I E
Y O V H S U K R S G O W K L L Y B C X D A R R V
U B Q U N I Q U E P E R S O N S T A N C E H R I
R O R G S C O F D I O M V H C J I I V C R A A T
E M O T I O N A L R E A S O N I N G O J H T T C
F Q C W K W H S E Q U K I C M Y U V E V X H I E
Z B L A C K O U T E S P A L E R E U K A F I O P
K E C N A T S M I T C I V A J R L F Y X M N N S
E C N A T S Y T I P F L E S Y H O M Z H A K A R
J E Y N O I T A Z I L A R E N E G R E V O I L E
M C O N C R E T E T H I N K I N G K M B B N T P
M X I B S C E C N A T S N O S R E P D O O G H E
S W K T Z G K Y P G Z L G W Z D M F C J L P I M
Z J U S F E I L E B E R O C M E C D I J R A N I
U I L Z E U B G P A O Y R V Z P N V X J D T K T
P E R S O N A L I Z A T I O N E V D K R K T I F
S N O I T R O T S I D G N I K N I H T D K E N O
A L O R T N O C O T R E W O P D G K T W X R G K
S E L E C T I V E E F F O R T E F R X O E N R C
G S U C O F E V I T C E L E S N B I I J O S L A
U P O W N E R S H I P S T A N C E S A W S T K L
R W I E K L N O I T C I D D A Y V G A O G A A V
D R O V Y J Q N F E A R O F E X P O S U R E Z W

Lack of time perspective

Emotional reasoning

Concrete thinking

Power to control

Selective focus

Depression

Alcohol

Seek excitement first

Irrational thinking

Thinking patterns

Selective effort

Victim stance

Addiction

Relapse

Thinking distortions

Good person stance

Fear of exposure

Self pity stance

Core Beliefs

Blackout

Drugs

Unique person stance

Overgeneralization

Ownership stance

Personalization

Dependency

Recovery