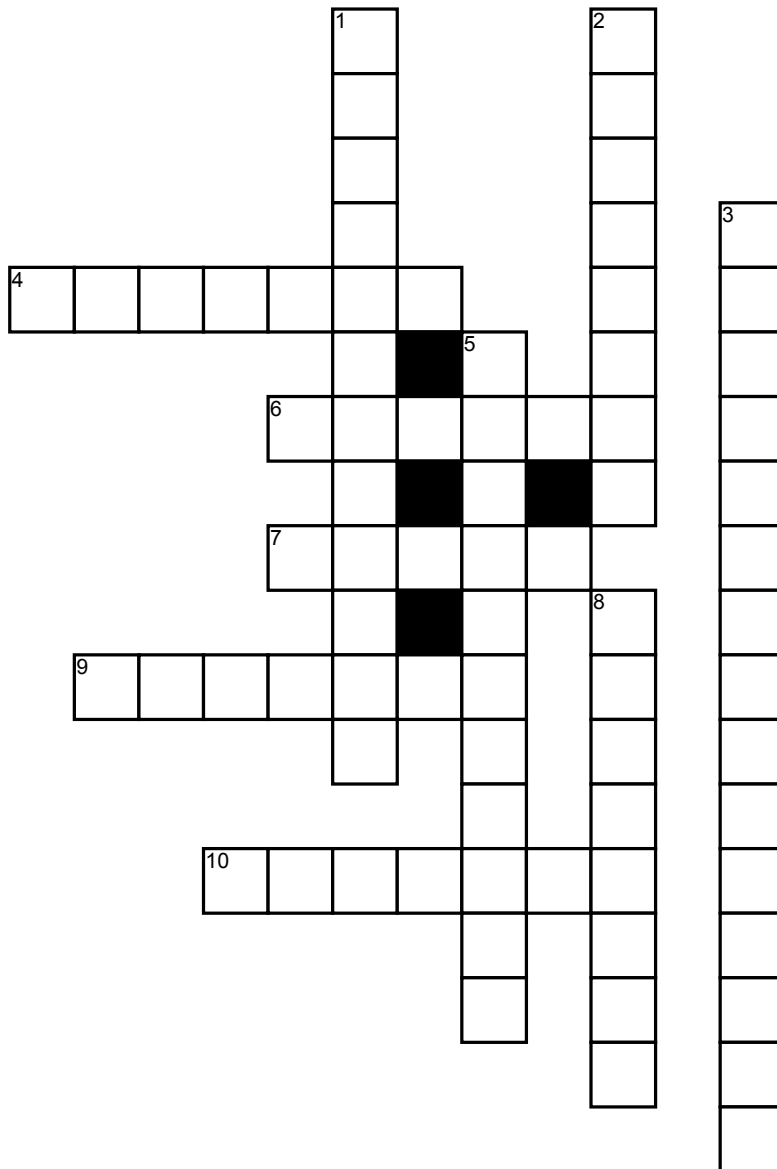


Name: \_\_\_\_\_

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# Crossword Search



## Across

- 4.** Excessive amount of consumption from this product can lead to bone thinning.
- 6.** A disease characterized by low bone mass, leading to bone fragility.
- 7.** This gender is 4x more likely to develop osteoporosis.
- 9.** When diagnosed with osteoporosis bones become...
- 10.** A mineral that helps make bones stronger.

## Down

- 1.** Causes bones to become weak and brittle.
- 2.** To improve your muscle strength and your balance you should...
- 3.** A risk factor that relates with broken bones.
- 5.** The amount of bone mineral in bone tissue.
- 8.** A Vitamin that helps absorb calcium.