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Culinary Terms

1. To cook food until just firm, usually referring to pasta, but can include vegetables.	A. Al dente
2. To cook food in an oven using dry heat.	B. Cube
3. To moisten food while cooking by spooning, brushing, or squirting a liquid, such as meat drippings to stock, to add flavour and prevent it from drying out.	C. Cream
4. To stir rapidly in a circular motion to make a smooth mixture, using a whisk, spoon, or mixer.	D. Bake
5. To cook first by browning the food in butter or oil, then gently simmering in a small amount of liquid over low heat for a long period of time in a covered pan until tender.	E. Broil
6. To expose food to direct heat on a rack or spit, often used for melting food like cheese.	F. Brown
7. To cook over high heat (usually on the stove-top) to brown food.	G. Dress
8. To heat sugar until it liquefies and becomes a syrup.	H. Dredge
9. To cut vegetables into large squares, usually specified by the recipe.	I. Drizzle
10. To beat ingredients (usually sugar and a fat) until smooth and fluffy.	J. Beat
11. Like chopping, it is to cut food into small cubes, usually about 1/2 inch.	K. Braise
12. 1/8 teaspoon.	L. Julienne
13. To cut into small pieces, usually 1/4 to 1/8 chunks.	M. Dollop
14. A spoonful of a semi-solid food, like whipped cream or masted potatoes, placed on top of another food.	N. Grease
15. To lightly coat uncooked food with a dry mixture, usually with flour, cornmeal, or bread crumbs, to be pan fried or sautéed.	O. Caramelize
16. To coat foods with a sauce, such as salad.	P. Fillet
17. To pour liquid back and forth over a dish in a fine stream, usually melted butter, oil, syrup, or melted chocolate.	Q. Dice
18. To coat lightly with a powdery ingredients, such as confectioners' sugar or cocoa.	R. Dust
19. To cut the bones from a piece of meat, poultry, or fish.	S. Chop

20. To combine light ingredients, such as whipped cream or beaten eggs whites, with a heavier mixture, using a over-and-under motion.	T. Knead
21. To coat foods with mixtures such as jellies or sauces.	U. Glaze
22. Creates tiny pieces of food, best for things like cheese to melt quickly or a vegetable used in a sauce.	V. Marinate
23. To coat the interior of a pan or dish with shortening, oil, or butter to prevent food from sticking during cooking.	W. Dash
24. Cutting vegetables until long, thin stripes, approximately 1/4 inch thick and 1 inch long.	X. Baste
25. The process of mixing dough with the hands or a mixer	Y. Fold
26. To soak in a sauce or flavoured liquid for a long period of time, usually a meat, poultry or fish.	Z. Grate