

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Depression/Mental Health

1. What is a sign/symptom of depression?  
A. Exercise
2. Depression can eventually affect...  
B. 19.5%
3. How do you prevent depression?  
C. Immune System
4. What is a way to treat depression?  
D. Genetics or Personality
5. The best kind of support when you have depression?  
E. You can't
6. What percent of females had a depressive episode in 2015?  
F. Social Support
7. What percent of 15 year olds had a depressive episode in 2015?  
G. Psychiatry or Psychological
8. Who does depression affect?  
H. Anyone
9. What causes Depression?  
I. Suicidal Thoughts
10. What kind of help can a person with depression get?  
J. 16.1%