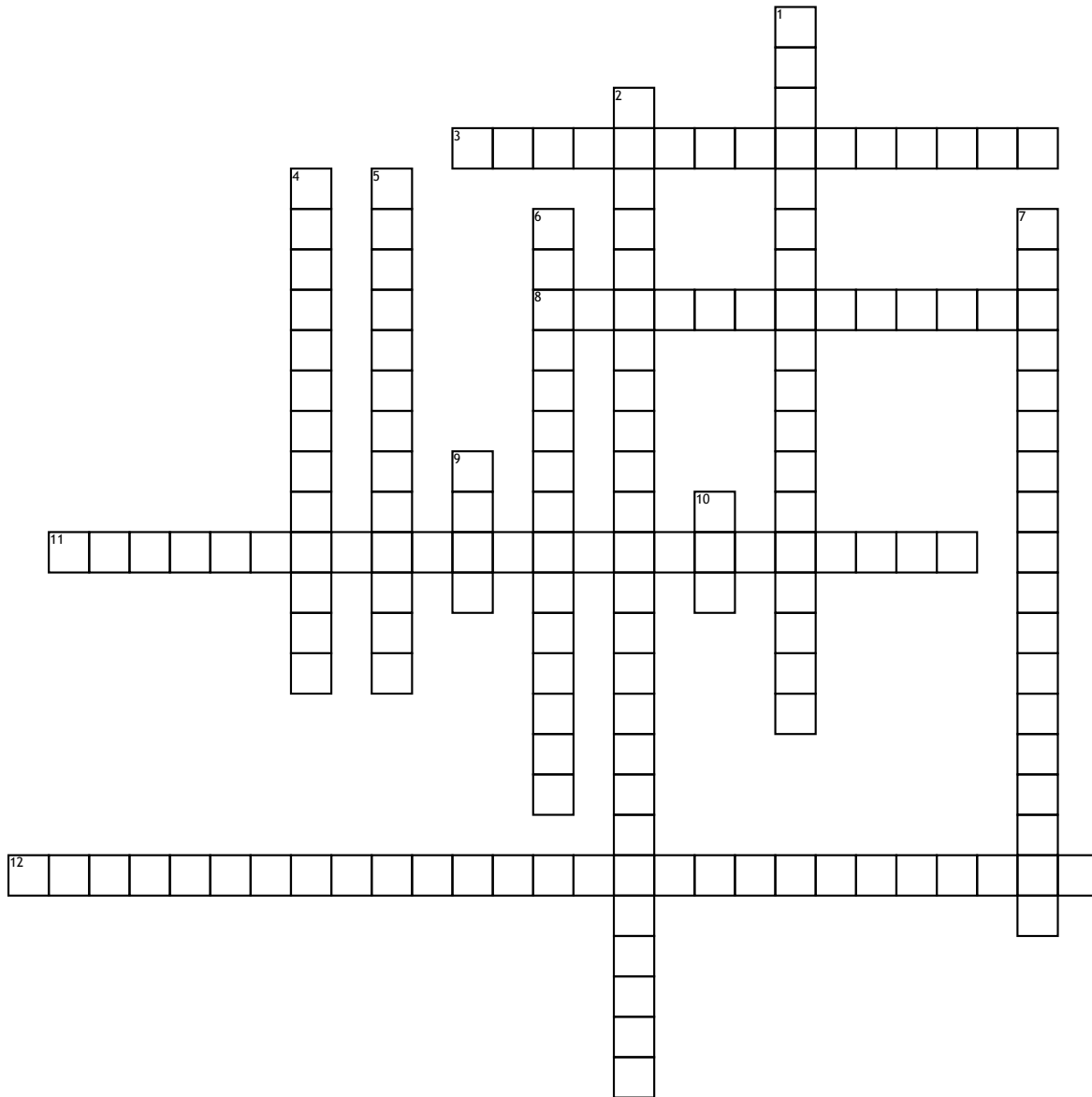


# Do you know your disorders?



## Across

- 3.** A person is continually tense, apprehensive, and in a state of autonomic nervous system arousal
- 8.** An anxiety disorder marked by a minutes-long episode of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations
- 11.** Experiences two or more weeks of depressed moods, feelings of worthlessness, and diminishes interest
- 12.** Excessive thoughts (obsessions) that lead to repetitive behaviors (compulsions).

## Down

- 1.** A personality disorder characterized by a pattern of disregarding and violating the rights of others
- 2.** A mood disorder in which episodes of depression typically occur during the fall and winter and stop during the spring and summer
- 4.** A group of severe disorders characterized by disorganized and delusional thinking, disturbed perceptions, and inappropriate emotions and actions
- 5.** A condition characterized by misinterpretation of physical symptoms and fearing that one has a serious illness despite appropriate medical evaluation and reassurance
- 6.** A mood disorder in which the person alternates between the hopelessness and lethargy of depression and the overexcited state of mania
- 7.** A personality disorder characterized by instability of interpersonal relationships, self-image, and emotions, and impulsivity
- 9.** An emotional response to a traumatic event or severe emotional stress such as an airplane crash, repeated physical or emotional trauma
- 10.** A person exhibits two or more distinct and alternating personalities