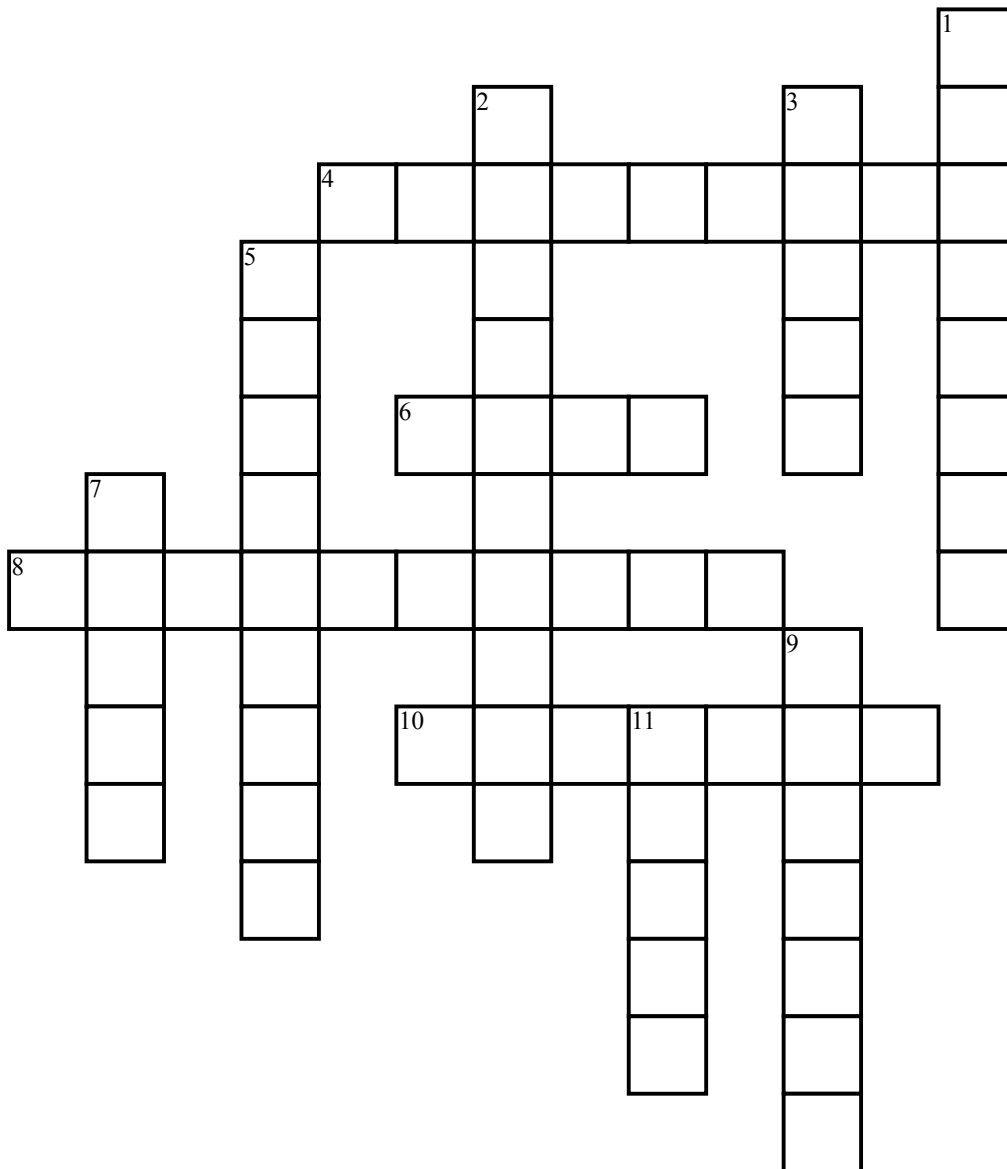


# Don't Protein'd To Know Dialysis



## Across

4. Come to \_\_\_\_\_ for best outcomes
6. This source of protein is great to increase your albumin
8. Take your binders as prescribed to control this mineral for heart health
10. Taken with meals to limit phosphorus absorption

## Down

1. Absorbs calcium in the gut for normal calcium lab values

2. Iron containing, oxygen carrier protein based transporter in the blood
3. Vegetarian option that is high in protein, remember with these to take a binder!
5. Banana, Tomato, Potato, Avocado, Orange Juice are all high in this
7. Servings of protein in one day
9. Average loss of \_\_\_\_\_ during on HD treatment is 1.5 g. WOW!
11. These foods are high in phosphorus and calcium