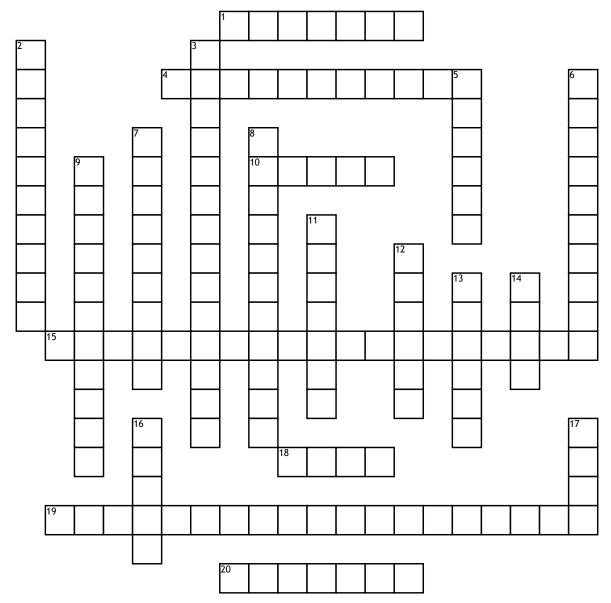
Eat Well Live Well



Across

- 1. you can either me unhealthy or
- **4.** what happens if we eat unhealthy foods
- **10.** what do we need in our diet
- **15.** we need a good amount of
- 18. what do you eat
- **19.** what helps us eat bad foods

20. what happens if you eat bad foods

Down

- **2.** what is best for the environment
- **3.** what prevents risks for your health
- **5.** what is a unhealthy choice
- 6. what drink are bad for us
- 7. we need alot of
- **8.** what encourages us to eat bad food

- 9. food is classified into
- 11. we need a good something of food
- **12.** when eating you can get into
- **13.** what do we get from all kinds of food
- **14.** whats is impoortant for iron
- **16.** what makes up most of our body
- **17.** we dont want to many something in our body