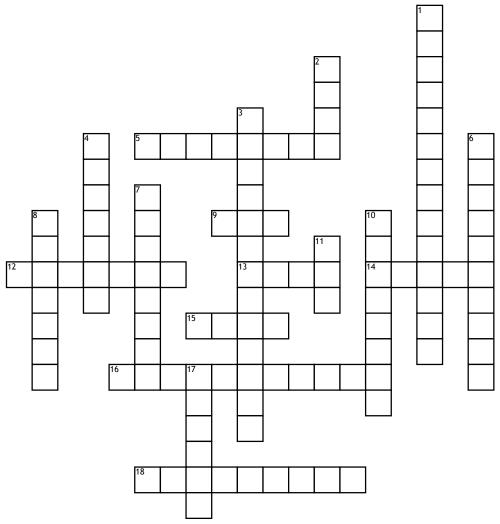
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## Eating Disorder Awareness Week Crossword



## **Across**

- **5.** Least common type of eating disorder
- **9.** Most prevalent eating disorder (acronym)
- **12.** Eating disorders are a mental
- **13.** True or False: eating disorders have a high cure rate
- 14. The rule of \_\_\_\_'s (\_\_ meals, \_\_ snacks/ day)
- **15.** Starvation causes the body's metabolism to

THREE

- 16. Trigger for binge eating
- **18.** Mindful eating

## <u>Down</u>

- **1.** A psychological disturbance in eating behaviour
- **2.** Organization the supports the recovery of people experiencing mental illness (acronym).
- **3.** Common trait associated with eating disorders
- **4.** Over exercising is an example of this

**SETPOINT** 

- 6. CMHA takes this approach
- **7.** Recovery is \_\_\_\_\_!
- **8.** Eating disorder characterized by binging and purging
- 10. Natural Weight Range
- **11.** Eating disorders affect this population
- **17.** The mortality rate of individuals with Anorexia Nervosa is \_\_\_\_ percent

## **Word Bank**

CMHA

INTUITIVE BED BULIMIA POSSIBLE PERFECTIONISM TRUE ILLNESS NON-DIETING ANOREXIA RESTRICTION EATING DISORDER MEN PURGING TWENTY SLOW