

Name: _____

Emotions

O W W E G S D E R A C S V P R D K
L C G X D Q M L V F N M G S R G S
I L I K A M M S Q F A B S H A M E
U G D H T J V S H J P Y G Y H H J
K G P R H D K L A A G X Q B S P B
G B K O E X E A N D P U C Y B Z G
P O W V M C X S L G O P L R U W U
T N B E K G A I U D O H Y G P A I
Y Z F R I K L M G F R L O P R O L
Z L W W G E X O V N N L X A H U T
G V E H M H W W V F E O M I T Q V
E J N E J P Q S A E N P C N G N Y
W J E L J B L N I F Z Q A M F L V
W U J M P Q G E P S D O G O K M U
Z V M E V R T Y S Y C N N S O F S
L H W D Y O N E R V O U S I C Q C
S E W T N M J P V C T V E H Y O B

overwhelmed

confused

nervous

scared

guilt

shame

angry

happy

love

pain

sad