

# Emotions

1. What is the emotion you feel when you are out of control? A. Rage
2. What do you feel when someone makes you feel ashamed? B. Hurt
3. When someone breaks a promise you feel? C. Angry
4. When you accomplish something, you feel? D. Happy
5. When you can't do something that you want to do, you feel? E. Upset
6. When you can't get something that you want, you feel? F. Defensive
7. When you are challenged, you feel? G. Confused
8. When you are on your way to see someone you really like, you feel? H. Excited
9. When some let you down, you feel? I. Disappointed
10. When you want to do something and you are not allowed to, you feel? J. Embarrassed