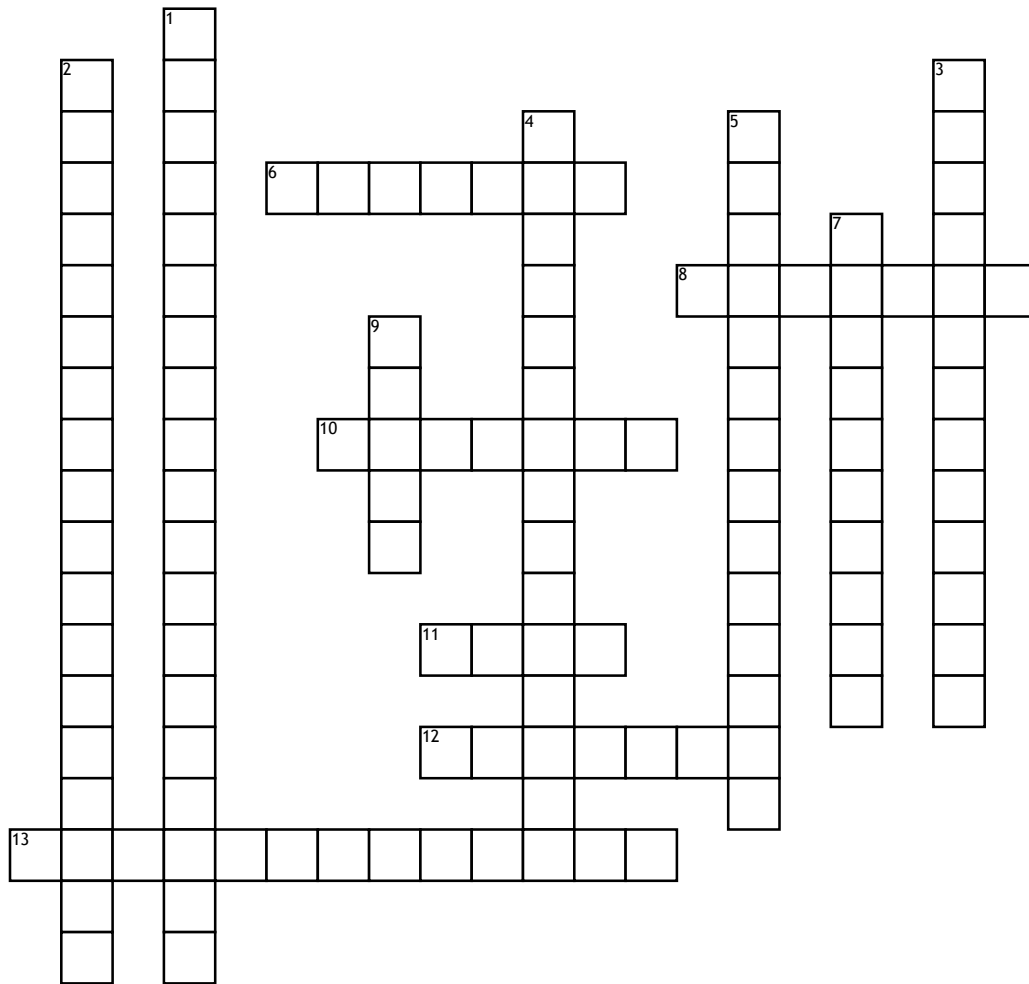


Name: _____

Exam Review



Across

6. Irrational and intense fear, panic or dread of a specific object or situation
8. Reinforce reality; Discourage intake of coffee, alcohol or drugs; Understand there is no cure for this illness
10. Have excessive fears and worries that affect normal functioning
11. Risk increases with "dose" of trauma, lack of social support; Pre-existing psychiatric disorder
12. An attempt to relieve the distress of a situation that threatens the well being of the person
13. Delusions; Hallucinations; Disturbances in thinking

Down

1. Problems not due to alcohol or drugs; Very stressful for the client and may interfere with social and job performance; Signs are worse with stress
2. Weight and Shape are very important; Computer Graphics: make thin models even thinner; Preoccupation with food, eating, fitness; Unrealistic Ideals
3. affect people of all ages, educational and income levels, and cultures
4. Episodes can repeat themselves or can happen just once; Usually precipitated by a stressful event

5. Prolonged loss of appetite; self-starvation; rapid ingestion of large quantities of food over a short period of time, inappropriate compensatory behaviors to rid the body of the excess calories.
7. Frantic efforts to avoid abandonment (real or imagined)
9. Is the highest level of anxiety disorders

Word Bank

mental illness	Obsessive Compulsive	eating disorder	Anxiety
Cultural influences	Major Depression	Schizophrenia	Bipolar
Borderline	suicide	PTSD	Panic
Phobias			