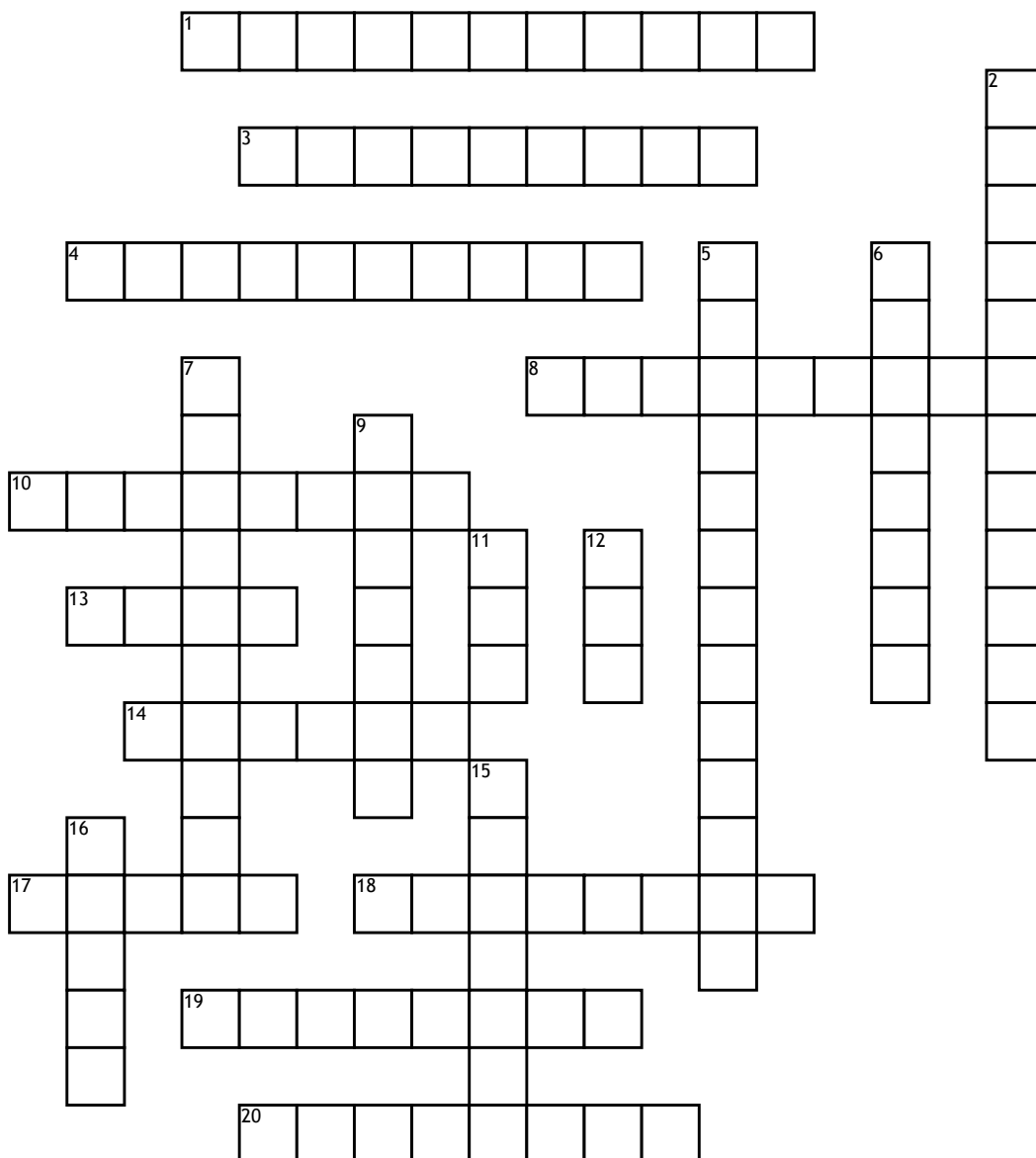


Name: _____

Date: _____

Extra credit



Across

1. waxy lipid like substance that circulates the blood
3. the process by which the body takes in and uses food
4. proteins made up of long chain substances
8. substances in food that your body needs to grow
10. helps build and maintain body cells and tissues
13. red blood and carbon dioxide transport system
14. protects you from starvation
17. indigestible complex carbohydrates

18. heat that measures the energy used by the body and energy that food supplies in the body

19. desire rather than a need to eat

20. essential for normal growth

Down

2. absorbed stored transported in fat

5. the starches and sugars present in foods

6. substances that the body cannot manufacture but are needed for teeth and bones

7. dissolve in water and pass easily into blood

9. substance produced by a living organism

11. bad type that sticks to walls of arteries

12. good type that clears blocked arteries

15. building material of bones and teeth regulation of body functions

16. fatty substance doesn't dissolve in water