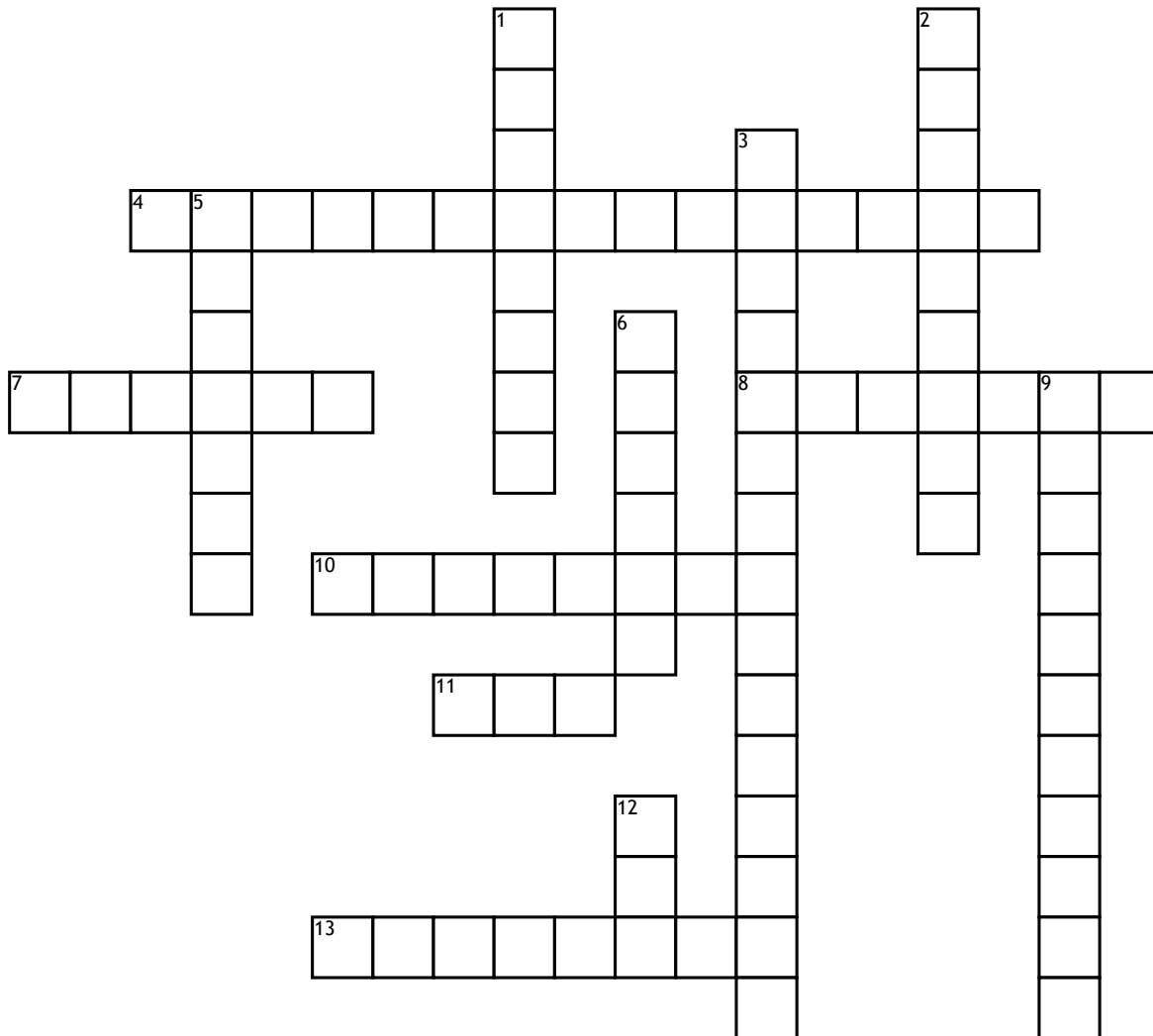


Final project



Across

4. This type of disease is an apophysitis occurring at the tibial tubercle
7. Doing a stable _____ test is a method for grade 1 MCL sprain
8. To Decrease the risk for ACL injury you should focus on strength, neuromuscular control, and?
10. Change in football _____ has drastically reduced the incidence of knee injuries

11. Non contact mechanisms are 80% more likely to cause this type of injury
13. This type of fracture is the result of semi-flexed position with forcible contraction
- ## Down
1. this type of injury may be localized swelling above the knee that is ballotable
2. This type of instrument is used to prevent and reduce the severity of knee injuries
3. The Posterior Cruciate Ligament is also referred to as

5. The only treatment for a patellar tendon rupture is
6. The Illiotibial band friction syndrome is also known as _____ knee
9. to maximize stability to muscle around the joint must be?
12. This type of sprain is the result of a severe blow from the lateral side of the knee