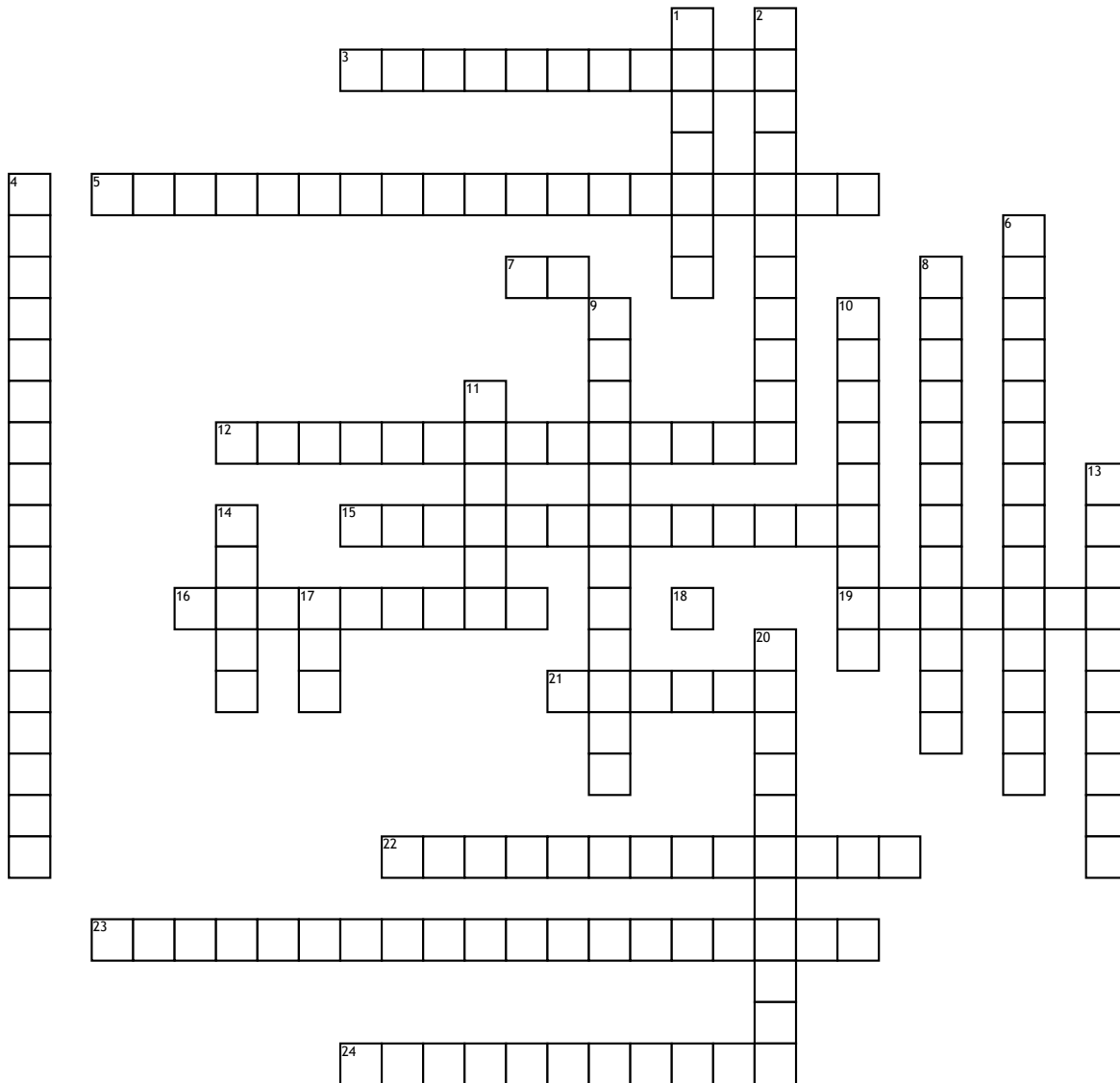


Name: \_\_\_\_\_

# Fitness



## Across

- 3. what is the worst injury you can get in netball
- 5. what sport need muscular endurance
- 7. how many people of the field in soccer
- 12. what does monster do to you
- 15. stand and jump is related to
- 16. what is the difference between the basketball ring to a netball ring

18. how many people on court in netball

19. what sport dose tipet play

21. What is the heart

22. a activity that involves muscular is

23. why did the chicken cross the road

24. why is sport good for you

## Down

1. what is the stalk stance fitness test applied

2. sit and reach test applies to

4. What is the fitness test for aerobic capacity

6. 50m shuttle run is for

8. to react as fast as you can

9. muscular power fitness test is

10. speed fitness test is

11. what sport is the best

13. agility test is

14. aerobic capacity is related to the

17. what is barbie's boyfriend's name

20. what is body composition