

Name: _____

Date: _____

Fitness Word Search

O O C T H G I E W L V B B V M A G H P K U T W Z
I E P B J L D P H E Y Y L C O O J U H P N D F W
T G H D N K F F F P N D I U O C S D F I P D V O
S I W T S E Z O J C A U V I Z V X U M R P V Y W
N D D J P A L W A T O M T O X M M I Q A E E M Q
O R D F P L X A R H S D G R F J G I Y Q G Y S C
I Y L S V P Q J T X W H R W I F N R V G N Y H E
T D A J D U I U P T R R E Z A T Z A U W W U O U
A A C E T S T H J F T V P L H T I V F L V Q U D
C Q S X M H S E K B N K I Q G G E O N F N T L Q
U Q Z E Q U O C C Y B A L S D J M R N J C O D Y
D J T R T P J U A X W S T X K A O E E M M F E L
E G F C X T Z D J Q Z R C E U N O G Q B P S R G
L S M I F F D M R M E K L B U I A B H G O S S L
A V U S Y I W J N T K H J R V V P O U O C I T A
C W D E K L U U C P C C E R U N M A P O J T R L
I U G W Q K Q H N N Z L K L L M P A G P Y A E A
S F T Y Y N H I U K I Q B E F I C A U U Z N T J
Y V T N O U J T E M V W N C P E P B G L P D C K
H C M T G R A V I H Z O Q Q R M I M T R K R H O
P K P E I T G P P H P N C O F X H H E U F E G R
Z S H T A Z D U T T D R R R Q C I D V C W A W B
W X G J U S N U Z E W W D V D Q R H F G Z C S L
M K A V U T C Q H E I G H T F H B W F U R H R Z

physical education

trunk lift

stretch

curl up

water

shoulder stretch

nutrition

milerun

weight

pacer

sit and reach

exercise

push up

height

run