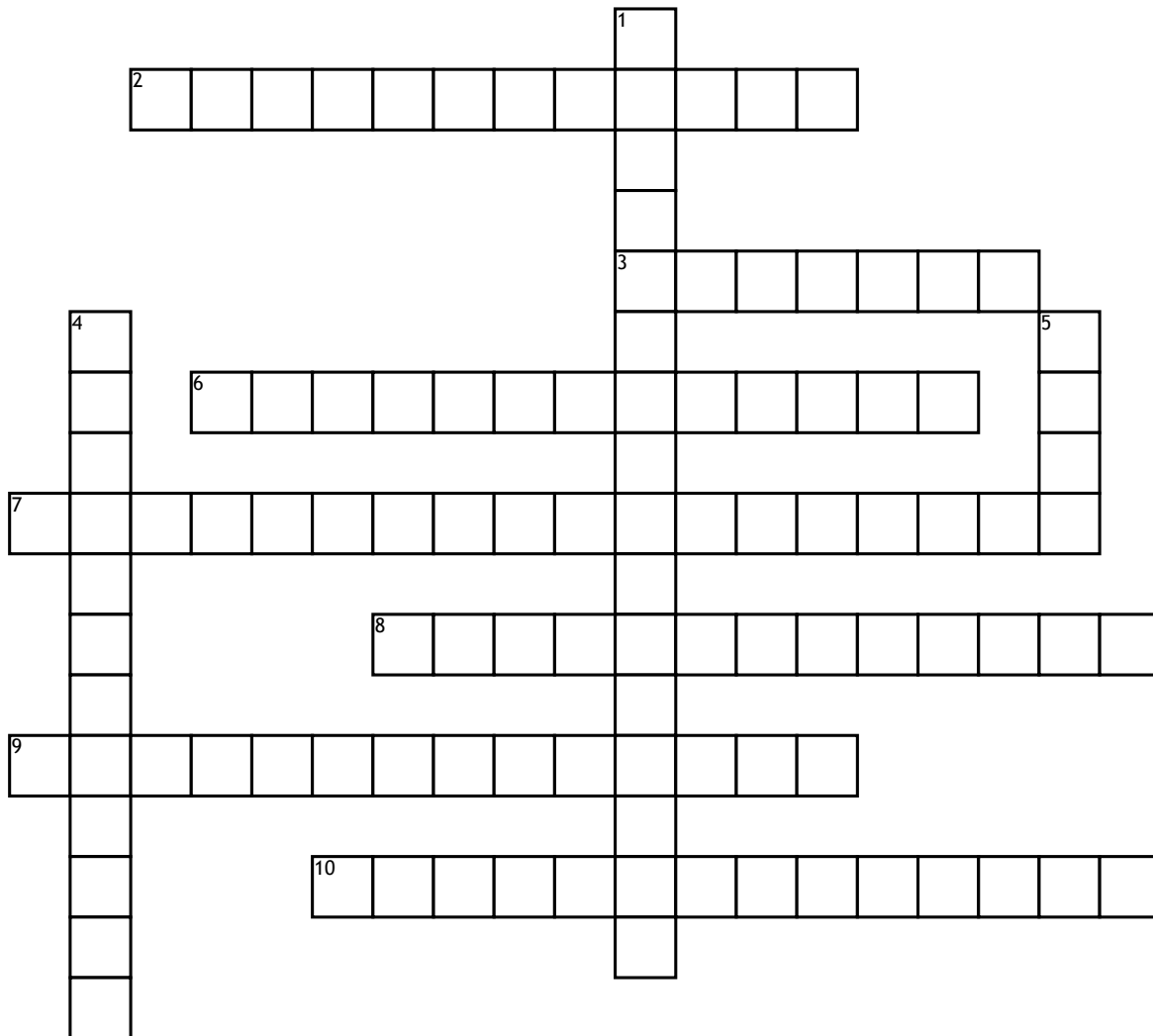


Food Crossword



Across

2. High in calories, nutrient poor food
 3. Fats, oils, and other molecules that don't easily dissolve in water
 6. Low in calories, high in a variety of nutrients
 7. Proteins that don't contain all nine essential amino acids
 8. Nutrients made of two elements C & H

9. Nutrients required in small amounts

10. Nutrients required in large amounts

Down

1. Proteins that contain all nine essential amino acids

4. A diet that doesn't meet minimum nutrition requirements

5. Nutrients used for energy, nerve functions, and other functions