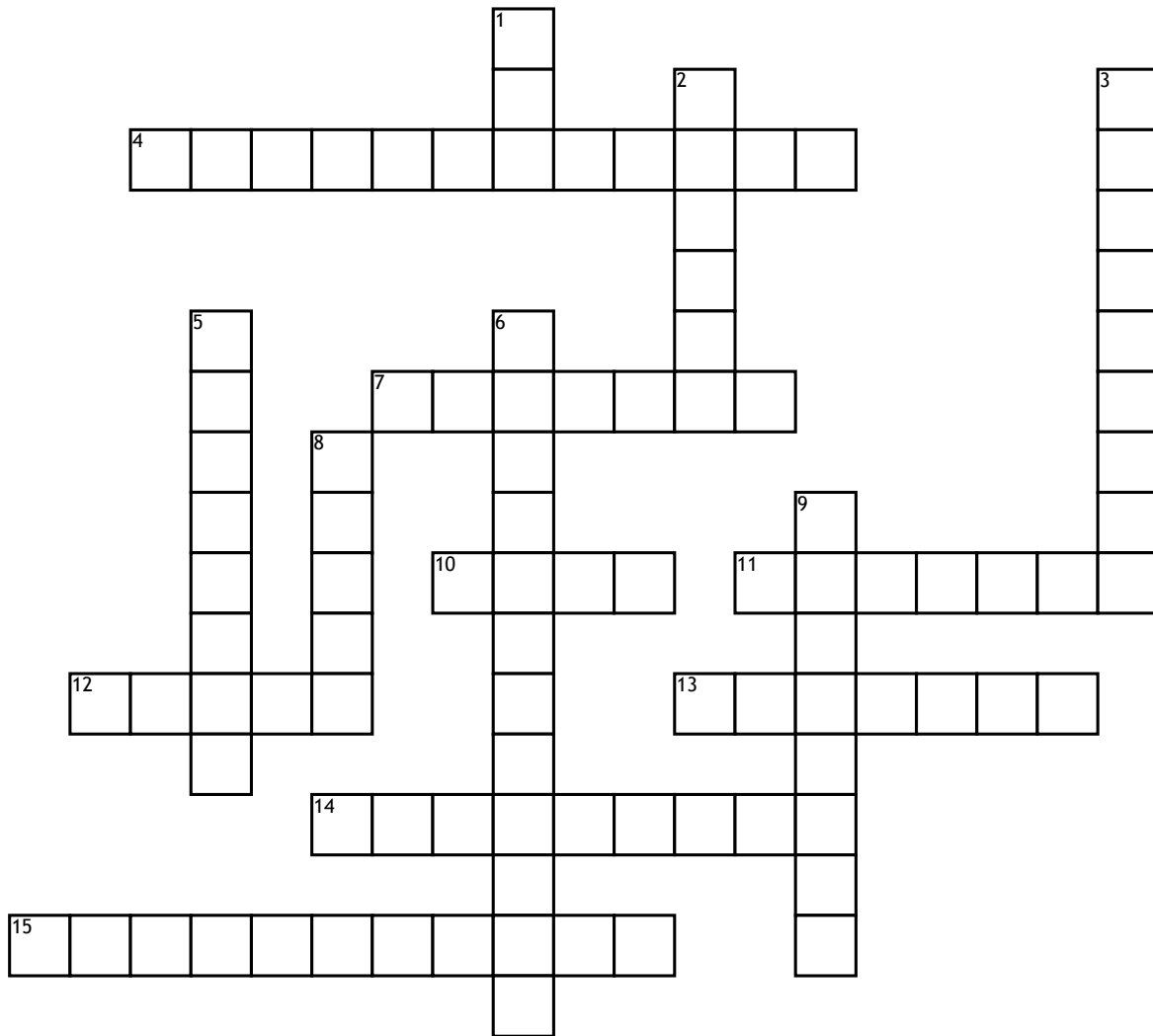


Food Technology Terms Crossword



Across

4. Include sugars, starch and cellulose and can be broken down to release energy.

7. A pear shaped fruit with light green, smooth flesh and a large seed.

10. Cut into small cubes.

11. Tools used for eating and serving food - knives, forks, spoons.

12. The action of working flour to make bread.

13. The shape of the nutritional diagram.

14. A measure of the energy value of foods.

15. Any food components that are combined to make a certain dish.

Down

1. To cook food in a shallow pan with hot fat or oil.

2. A danger or risk.

3. The state of being thick, sticky and slightly runny in consistency.

5. A _____ diet involves consuming nutrients in order to maintain a healthy lifestyle.

6. The temperature at which a liquid becomes so hot it turns to vapour.

8. A substance that takes the shape of its container and flows easily, like a liquid or gas.

9. A food or substance that supplies the nourishment required for good health.