

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Food and Body

D O O F D E S S E C O R P E I U K H M B H E S N  
M S S E V E R Y D A Y F O O D S L Y Y N Z M H U  
N B F K H D I G E S T I O N R F Q D G E D I T T  
O Y G O N S W U E Z P K N U E X M R R S O C L R  
R Q Z T O I F L U O R I D E T E S A E O O R A I  
I M K T L D R S S T B W M A A I W T N T F O E T  
W E V I K A A D P T C E U E W I I I E C Y N H I  
R T E D K C S N D U N S T X B H K O Z U H U C O  
T S G K N I H M D N O E S A J Q K N Y R T T I N  
N Y I U E F V R E N A R I L R M T C H F L R L I  
I S T H D G V N O T U D G R E D I E G T A I P N  
E T A V I T A M I N S T O D T B Y N X Z E E U F  
T H R Y E B D S Z K I Y R O O U A H E F H N P O  
O G I P F L P N S L G C S I F O N L O R A T I R  
R I A M T A F I U E E J D E T S F O D B A S D M  
P L N R N U E K S T M G G I V I E E R O R L M A  
F C T H V R L N P Y R H M D S I O M V C O A S T  
I I S I E H U H R C M I T E X E T N I I A F C I  
B F K Y B U O C T A Y D E L S F A S C T F M J O  
R F T A Z A J K Z L G H A N A M G S E L E N X N  
E A E J W D O P I C A U X M T E F H E G A M W V  
F R I R I V L R Q I U E S D E S H O T C I I O A  
I T D W B M I V T U I C H U G U N O E V M D M S  
C N B X R U K I Y M U M E T S Y S E N U M M I S

sometimes food and drinks  
digestive system  
micronutrients  
public health  
food labels  
hydration  
fructose  
legumes  
sugar  
Diet

food and nutrition claims  
every day foods  
macronutrients  
immune system  
vegetarian  
digestion  
fluoride  
health  
fibre  
fat

nutrition information  
Chronic Disease  
health message  
healthy food  
nutrients  
vitamins  
protein  
energy  
salt

traffic light system  
processed food  
fivefoodgroups  
carbohydrate  
kilojoule  
minerals  
calcium  
water  
iron