

Name: _____

Date: _____

Food and Nutrition

E T A R D Y H O B R A C T S A F K A E R B K F E
K Y V S Z L E N V I R O N M E N T G Z R C Q O Y
L D I E T A R Y G U I D E L I N E S P E P N O Y
P B U G N I S I T R E V D A B H H T R T V W D T
A M C T M C P U G S E S N E S M R R O T J D G N
C F K W G F B G A A A L M T M S H Q T I F W R E
K N N P P S O A I C Z S R S A T V X E B H T O M
E R H Z V R K O L M U M M H R E N N I D E E U H
D E W T U W E U D A L C Q Z K G X R N E J L P S
L T G O W Q Q F R M N U R P E F E K W E S B S I
U A S X I O C C G Y I C D W T L B S L D M A G R
N W T X K U R I I G N L E Y I V X E N Y N N Z U
C Q B V L I J G H V V V E G N T M I I K Z I O O
H I L T F I L U Q M R V I S G Y E N M M U A O N
T V U A O T U O E Z X O R T C R O S A L D T U B
T R P W C H K T C J N K X P X U Q N T D Y S E V
E V I Z T I A J F A L M C I M O K O I E G U L R
T S Z Y L B H X S U L R L I P V L I V C R S P I
E C S L O O Z T M M X O D S X A Q T N N E O A A
I O Q L L Z E X E A B O R F O S F C A A N E T P
D V I F A T O M X M C J Z I I G Q N F L E J S E
K S Z O K X Q P M I U O Q K E Q F U X A T E D R
M Q Y U R M Y I L A R E N I M I P F Z B C V V Q
H U B A S A L M E T A B O L I C R A T E B J D D

Basal Metabolic Rate
Advertising
Nourishment
Breakfast
Religion
Mineral
Bitter
Repair
Umami
Fat

Dietary Guidelines
Environment
Sustainable
Functions
Balance
Protein
Dinner
Senses
Water

Carbohydrate
Food Groups
Food Miles
Marketing
Culture
Savoury
Energy
Staple
Diet

Packed Lunch
Kilocalorie
Metabolism
Balanced
Ethical
Vitamin
Growth
Sweet
Sour