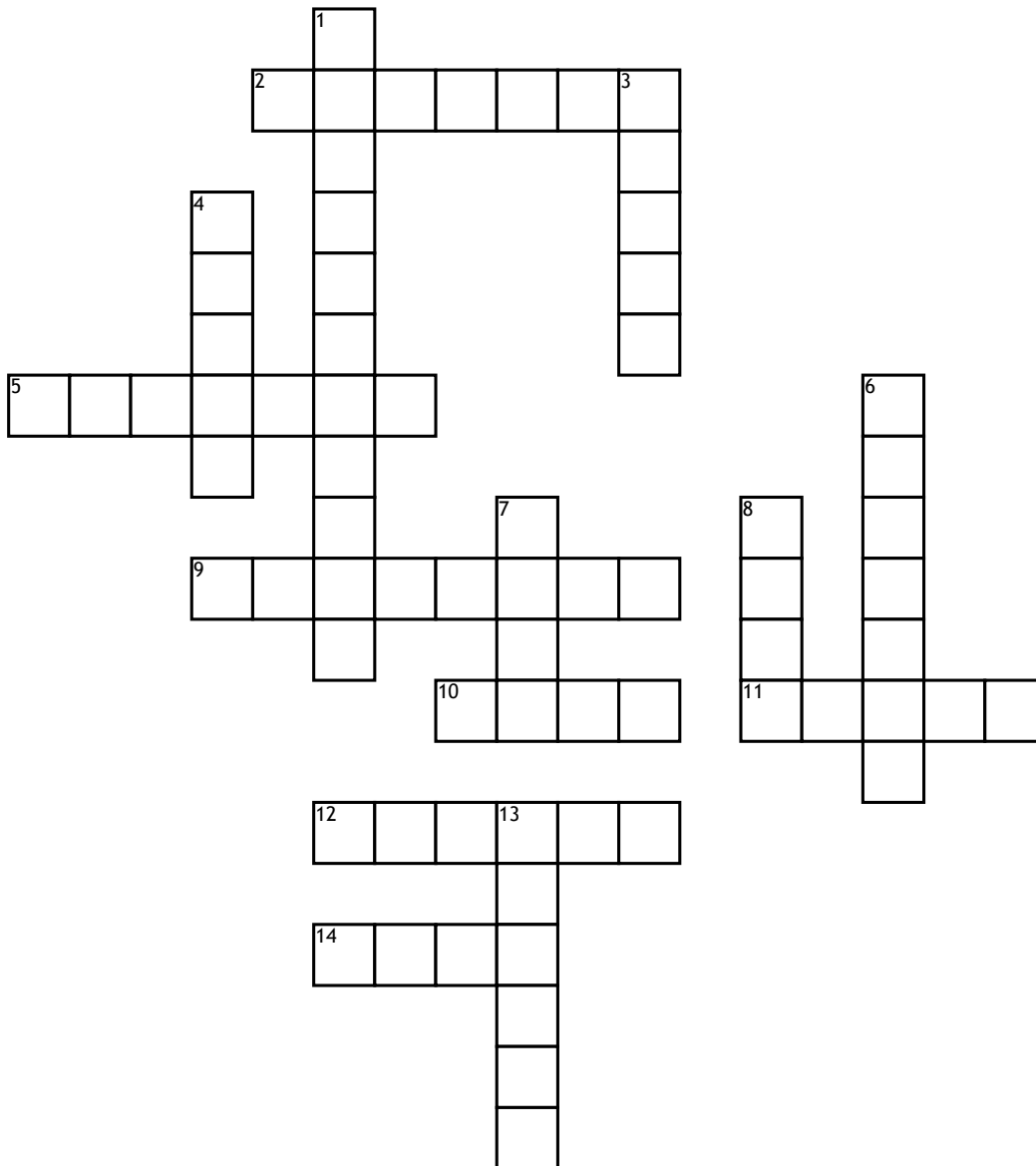


# Food and Nutrition



## Across

2. Dried grapes are also called

5. you can have me for breakfast

9. we must

everyday to be fit

10. It's rich n calcium and keeps your teeth strong

11. I am mostly grown in deserts

12. Monkeys love me

14. \_\_\_\_\_ must be learned from experts before performing

## Down

1. a flower that you can't adorn

3. I am a mix of vegetables or fruits

4. I keep you hydrated

6. I am a germinated seed and i give lots of protein

7. A fruit with a bird name

8. a dairy product

13. Postures are also called