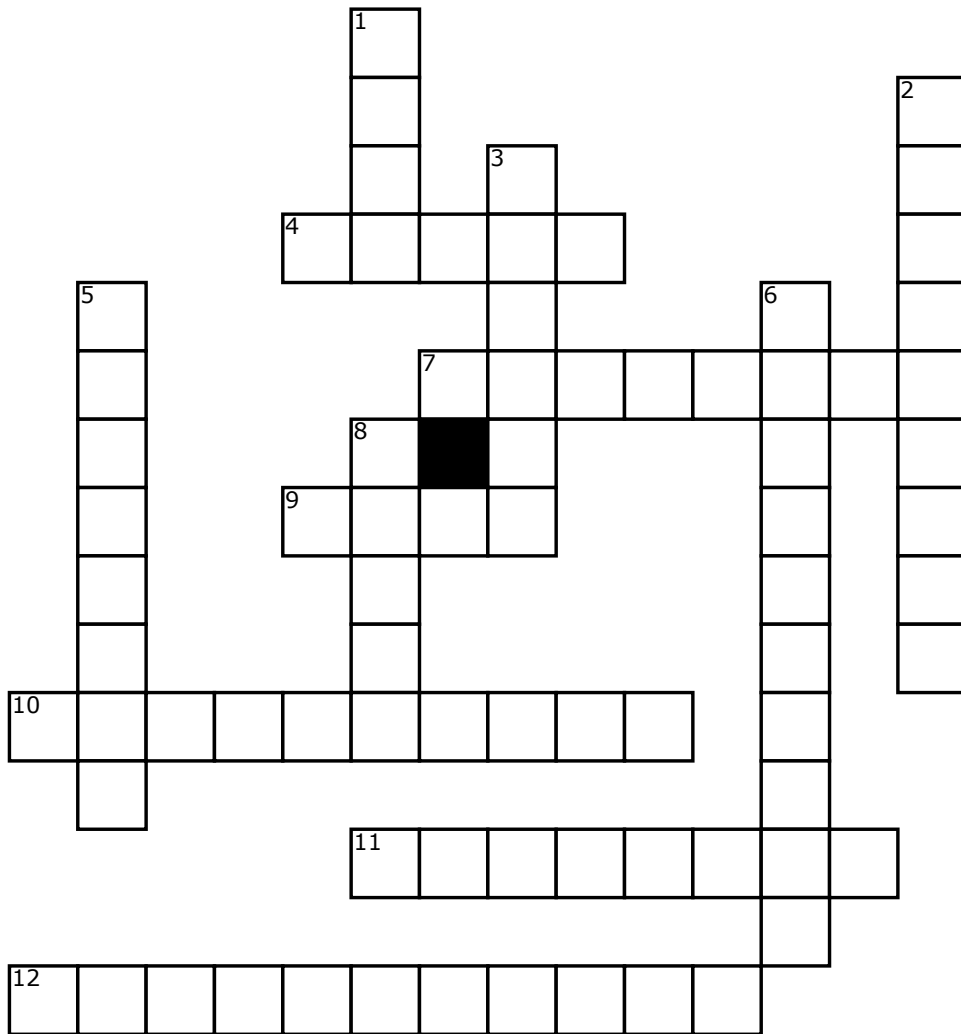


Name: _____

Food for Thought



Across

- 4.** I don't eat any animal based products at all
7. This vegetable is green and a member of the cabbage family
9. This herb is great served as a tea that helps digestion
10. No meat for me thank you

- 11.** How do we measure the energy we get from food
12. According to the NHS how many of the answer to #11 does a 10 year-old need to eat per day

Down

- 1.** We often eat this at birthdays

- 2.** That's OK I'll eat all the meat
3. What's orange but not an orange
5. These vegetables have eyes but can't see
6. This is one of the first breakfast cereals ever invented
8. An Italian dish

Word Bank

Calories	Vegetarian	mint	Vegan
Cornflakes	Potatoes	Pizza	Carnivore
Cake	Broccoli	Two Thousand	Carrot