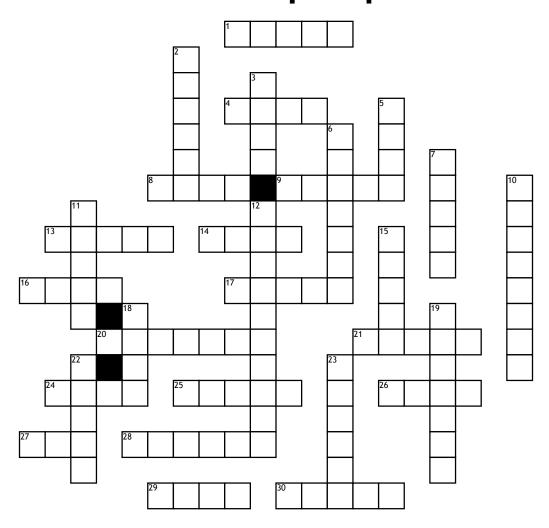
## Food prep



- 1. To turn the surface of a food brown by placing
- it under a broiler or quickly cooking it in hot fat
- 4. To cook in liquid at 212°F
- 8. To cut into small pieces
- 9. To coat with dry bread or cracker crumbs
- 13. To apply sauce, melted fat, or other liquid with a basting or pastry brush
- 14. To thoroughly cover a food with a liquid or dry mixture
- **16.** To mix ingredients together with a circular up and down motion using a spoon, whisk, or rotary or electric beater
- 17. To cook in a sugar syrup until coated or crystallized
- 20. To mix or blend two or more ingredients 21. To make a food cold by placing it in a
- refrigerator or in a bowl over ice 24. To cook in the oven with dry heat

- 25. To cook uncovered under a direct source of heat
- 26. To remove the center part of a fruit such as an apple or pineapple
- 27. To divide into parts with a sharp utensil
- 28. To cook by submerging in a simmering liquid
- 29. To cut into small squares of equal size
- 30. To stir ingredients until they are throughly combined

## <u>Down</u>

- 2. To scald or parboil in water or steam
- 3. To let food stand until it no longer feels warm to the touch
- 5. To thicken or smooth out the consistency of a liquid
- 6. To cook in a large amount of hot fat
- 7. To combine solid fat with flour using a pastry blender, two forks, or the fingers
- 10. To cook on a rack or spit over hot coals or some other source of direct heat

- 11. To soften solid fats, often by adding a second ingredient, such as sugar, and working with a wooden spoon or an electric mixer until the fat is creamy
- 12. To heat sugar until a brown color and characteristic flavor develops
- 15. To pulverize
- 18. To remove bones from fowl or meat
- 19. To make a liquid clear by removing solid particles
- **22.** To spoon pan juices, melted fat, or another liquid over the surface of food during cooking to keep the food moist and add flavor
- 23. To cook in a small amount of liquid in a tightly covered pan over low heat

## Word Bank

Cut in	Caramelize	Coat	Brown	Bake	Bind	Broil	Baste
Cool	Coddle	Brush	Candy	Cream	Core	Deep fry	Crush
Combine	Cut	Beat	Clarify	Blanch	Blend	Boil	Bone
Chill	Barbecue	Braise	Chop	Bread	Cube		