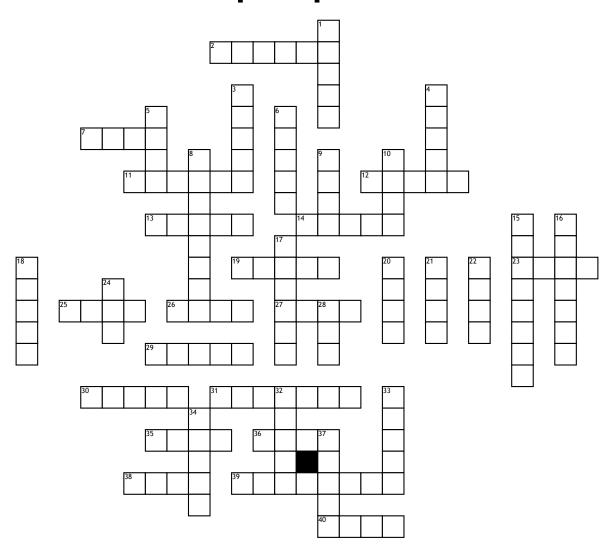
Name:	Date:	

## Food preperation



## Across

- 2. To cook in liquid that is barely at the boiling point.
- 7. To thoroughly cover a food with a liquid or dry mixture.
- 11. To rub fat on the surface of a cooking utensil or on a food itself.
- 12. To cook in a sugar syrup until coated or crystallized.
- 13. To make a food cold by placing it in a refrigerator or in a bowl over crushed ice.
- **14.** To apply a liquid that forms a glossy coating.
- 19. To coat with dry bread or cracker crumbs.
- 23. To cook one food or several foods together in a seasoned liquid for a long period.
- **25.** To beat quickly and steadily by hand with a whisk or rotary beater.
- 26. To remove the outer layer.
- 27. To put though a sieve to reduce to finer particles.
- 29. To cook uncovered in the oven with dry heat.
- 30. To cut or break into thin pieces.
- 31. To boil in a liquid until partially cooked.
- **35.** To remove the center part of the fruit such as an apple or pineapple.
- 36. To mix lightly.
- **38.** To let a food stand until it no longer feels warm to the touch.
- 39. To cut food into thin, stick-sized shapes.

**40.** To change from a solid for a liquid though the application of heat.

## <u>Down</u>

- 1. To reduce into small bits by rubbing it on the sharp teeth of a utensil.
- 3. To cut or chop into very fine pieces.
- 4. To stir ingedients until they are thoroughly combined.
- 5. To mix with a circular motion.
- **6.** To soften solid fats, often by adding a second ingredient, such as sugar, and working with a wooden spoon or an electric mixer until the fat is creamy.
- 8. To soak meat in a solution containing acid, such as vinegar or tomato juice, that helps tenderize the connective tissue.
- 9. To cook in a liquid at 215F (100C).
- **10.** To remove the stem and outer covering of a vegetable or fruit with a paring knife or peeler.
- **15.** To cause a solid food to turn into or become part of a liquid.
- **16.** To heat an appliance to a desired temperature about 5 to 8 minutes before it is to be used.
- 17. To add herbs, spices, or other ingredients to a food to increase the flavor of the food; to prepare a cooking utensil, such as a cast iron skillet, for cooking.
- **18.** To work a dough by pressing it with the heels of the hands, folding it, turning it, and repeating each motion until the dough is smooth and elastic.

- 20. To cut into small pieces.
- 21. To mix ingredients together with a circular up-and-down motion using a spoon, whisk, rotary, or electric beater.
- **22.** To cook in the oven with dry heat.
- **24.** To combine two or more ingredients into one mass.
- 28. To cook in hot fat such as grease.
- 32. To cook uncovered under a direct souce of heat.
- 33. To cook in a small amount of fat.
- ${\bf 34.}\ {\bf To}\ {\bf broil}\ {\bf over}\ {\bf hot}\ {\bf coals}\ {\bf or}\ {\bf to}\ {\bf fry}\ {\bf on}\ {\bf a}\ {\bf griddle}.$
- 37. To cook with vapor produced by a boiling liquid.