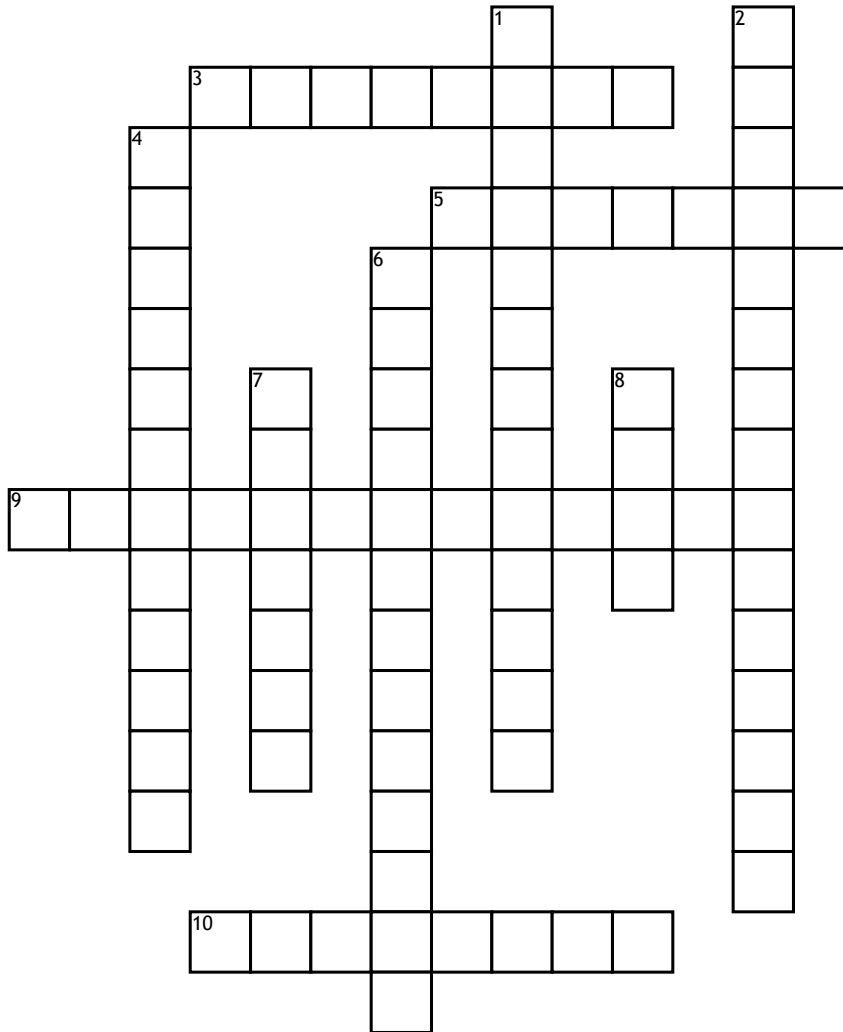


Name: _____

Date: _____

Foods Keyterms



Across

- 3. Used to build up muscles
- 5. Type of food that isn't processed in any way
- 9. Type of Macronutrient
- 10. Substance that causes allergic reaction

Down

- 1. You need these nutrients in small amounts

- 2. Anorexia and Bulimia are types of this
- 4. condition that results from eating a diet in which one or more nutrients are either not enough or are too much
- 6. Food with tons of calories but no nutrients
- 7. Eggs and meat have lots of this
- 8. A Macronutrient

Word Bank

Allergen
Organic
Steroids

Fats
Eating disorders
Protein

Carbohydrates
Empty Calories

Malnutrition
Micronutrient