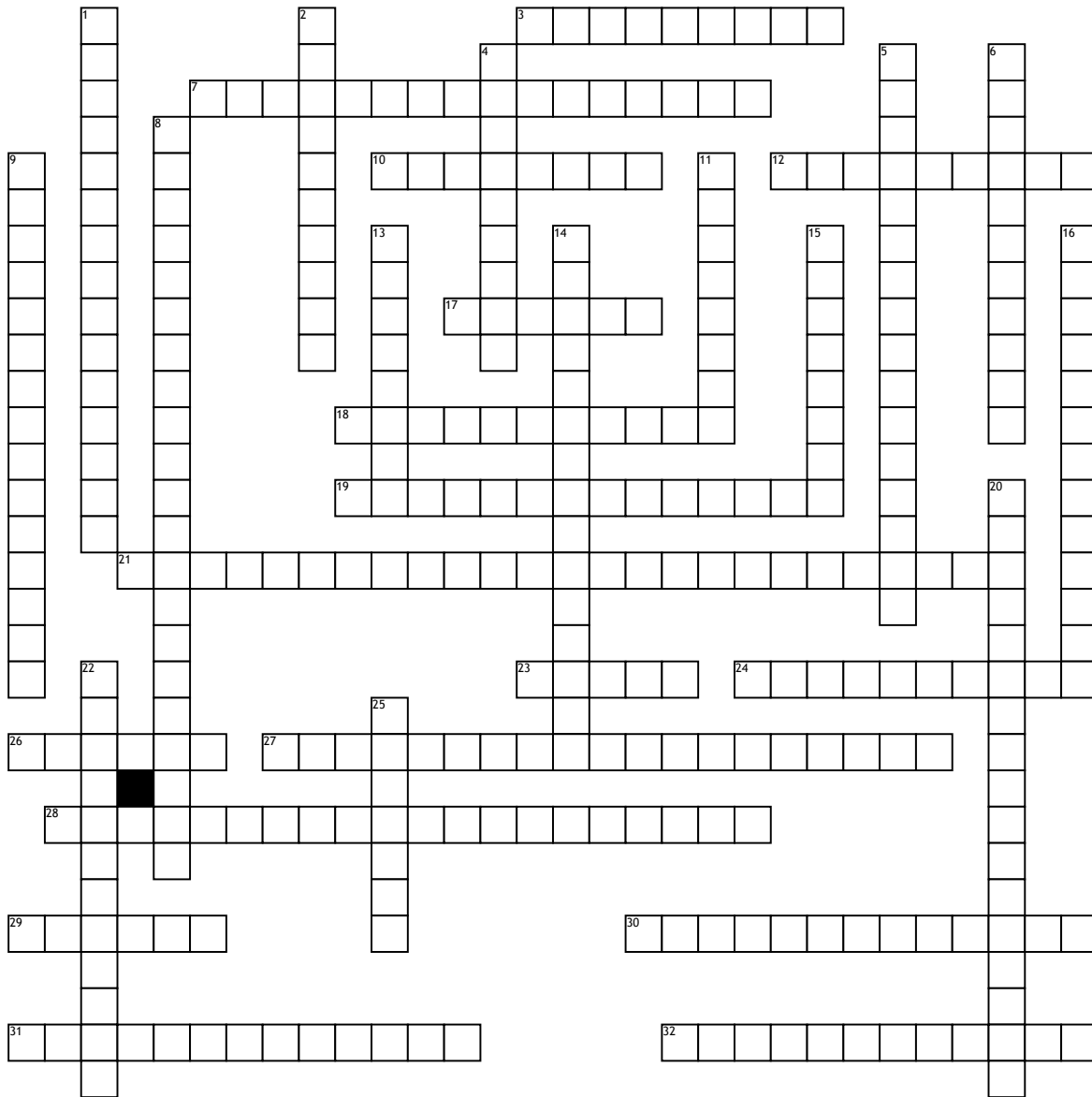


Name: _____

Date: _____

Foot, Ankle, Lower Leg Anatomy



Across

- 3. flat arch
- 7. most distal part of the fibula
- 10. common tendon that attaches to posterior calcaneus
- 12. turning the plantar surface of the foot inwards
- 17. the big toe
- 18. bones between the toes and tarsals
- 19. pointing the toes downward
- 21. formed by the articulation of the metatarsals and proximal phalanx
- 23. weight bearing bone
- 24. three tarsal bones with the same name

- 26. most lateral tarsal bone
- 27. anterior lateral ankle ligament
- 28. posterior lateral ankle ligament
- 29. lateral bone
- 30. formed by the articulation of the talus and calcaneus
- 31. non elastic tissue on the plantar surface of the foot
- 32. pulling the foot back towards the shin

Down

- 1. most distal part of the tibia
- 2. curling the toes down
- 4. medial tarsal bone
- 5. actions include dorsiflexion and inversion

- 6. holds groups of tendons in place
- 8. formed by the articulation between the phalanx bones
- 9. lateral ankle ligament
- 11. high arch
- 13. lateral muscle group
- 14. formed by the articulation of the distal tibia/fibula with the talus
- 15. turning the plantar surface of the foot outwards
- 16. large muscle in posterior lower leg
- 20. actions include inversion and plantar flexion
- 22. high ankle ligament
- 25. medial ankle ligaments