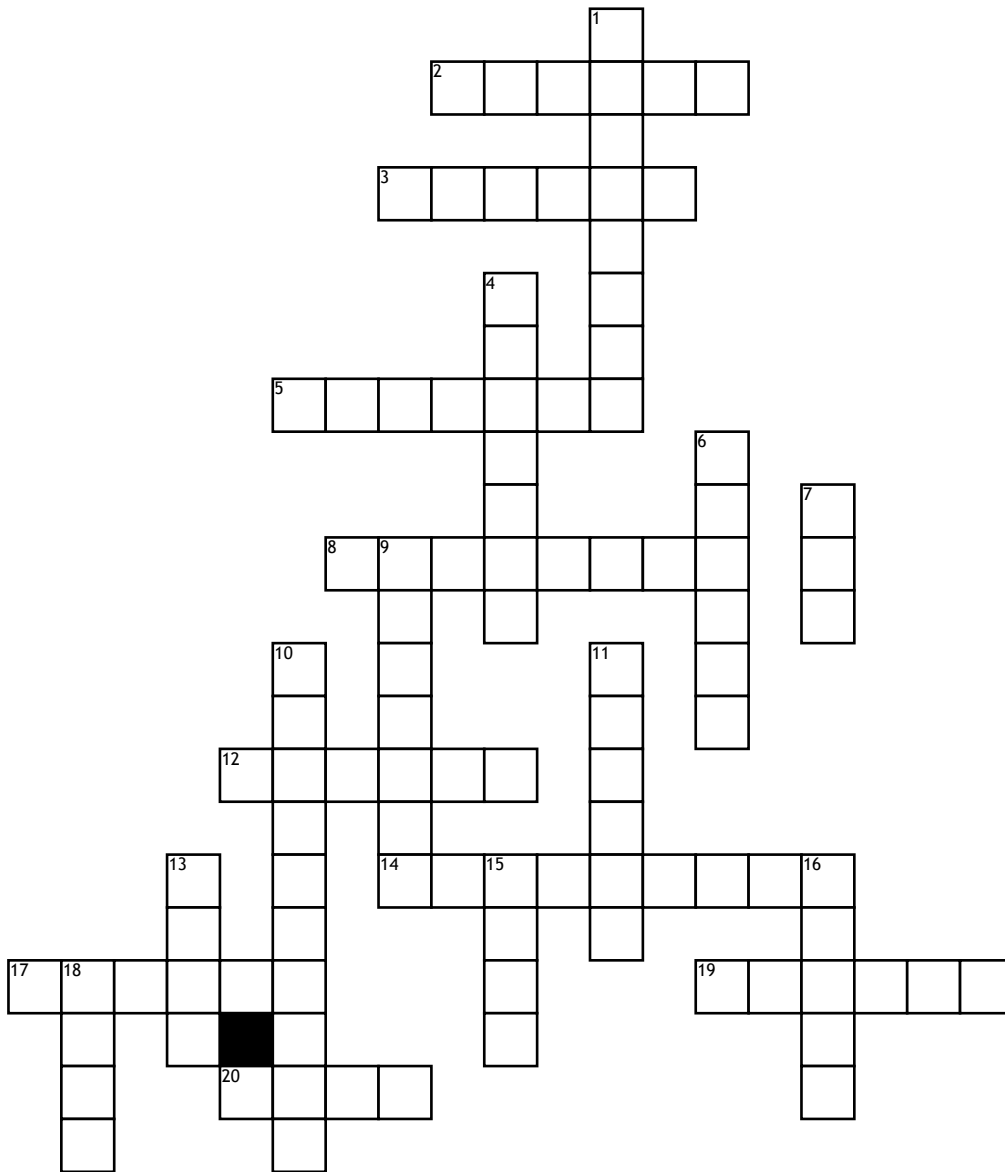


Name: _____

Frome RC crossword puzzle



Across

- 2. Popular local canal to run alongside (1)
- 3. Tree races, by White Star running
- 5. In between pronation and supination
- 8. Nationality of the men's 100m world record holder
- 12. The new name for Deka
- 14. Going up on a run

17. Popular watch manufacturer

19. Local(ish) village marathon and relay (2)

20. 50% of marathon

Down

- 1. Low then high intensity workout
- 4. Local 10k run on same day as London marathon
- 6. Capital marathon
- 7. A slow run

9. Every runner is one of these!

10. Popular half marathon in north Wiltshire

11. Popular running brand with three stripes

13. Popular ultra Ham to...

15. Slow, conversational pace

16. Local(ish) village marathon and relay (1)

18. Popular local canal to run alongside (2)