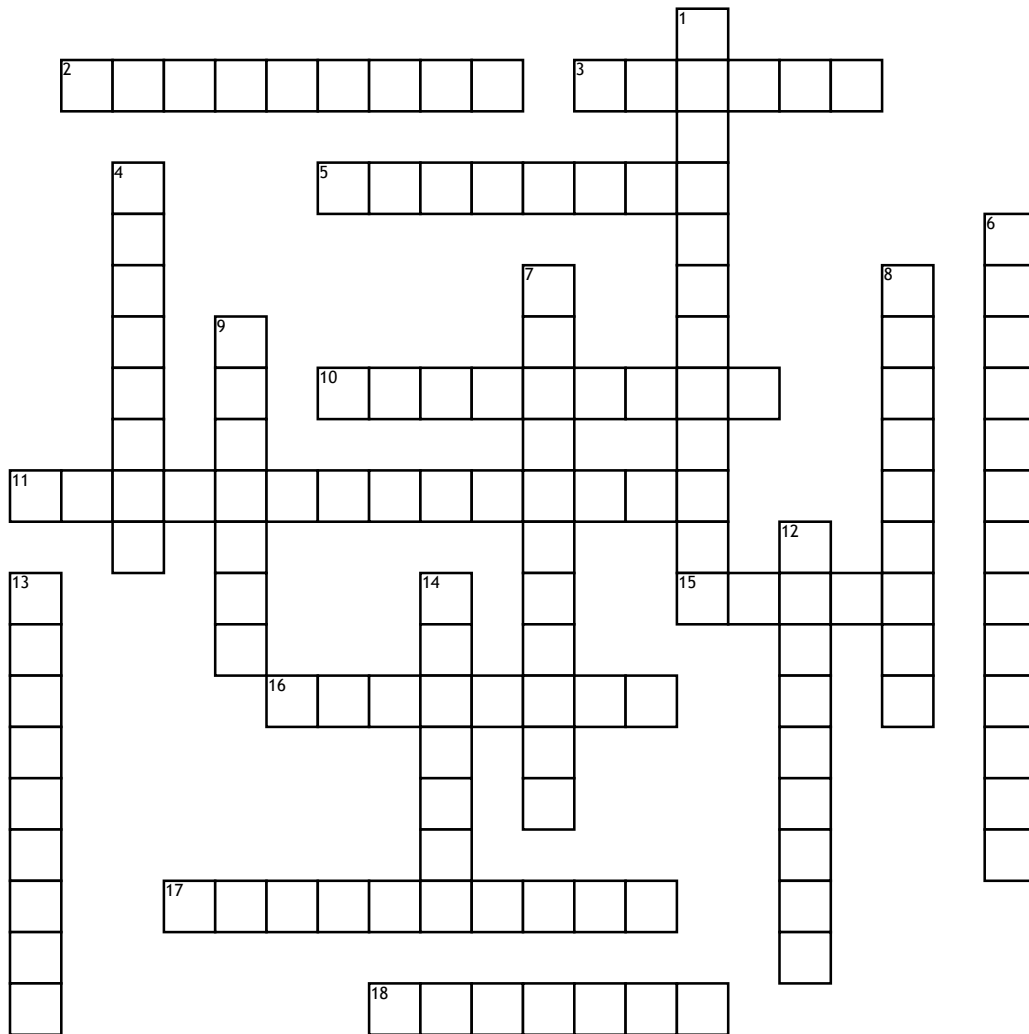


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# GCSE PE



**Across**

- 2. Skills are said to be placed on a...
- 3. Guidance that is given via demonstration/videos/diagrams
- 5. A practise structure that develops open skills
- 10. This word refers to the lungs
- 11. Name given to the group of nutrients that are needed in small quantities
- 15. Acronym of the 5 targets
- 16. This lifetsyle choice can increase the risk of lung cancer

17. Aorta takes which type of blood away from the heart?

18. This type of skill builds on basic skills and requires a lot of concentration and technique to perform

**Down**

- 1. The risk of this condition is reduced by performing weight bearing activities
- 4. Information a performer recieves about their performance
- 6. Heart Rate x Stroke Volume =

7. A skill that is performed in a predicatable environment/situation

8. This word refers to sportsmanship and the way a player acts

9. One recreational drug that slows down reaction times

12. The blood vessel in which the blood pressure is the lowest

13. A skill that is performed in a changing environment

14. Macronutrient that repairs muscle tissue and promotes growth

**Word Bank**

- |           |         |                |                |           |
|-----------|---------|----------------|----------------|-----------|
| Visual    | Complex | Oxygenated     | Capillary      | Continuum |
| Etiquette | Protein | Feedback       | Micronutrients | Nicotine  |
| Openskill | SMART   | Cardiac Output | Osteoporosis   | Variable  |
| Pulmonary | Alcohol | Closed skill   |                |           |