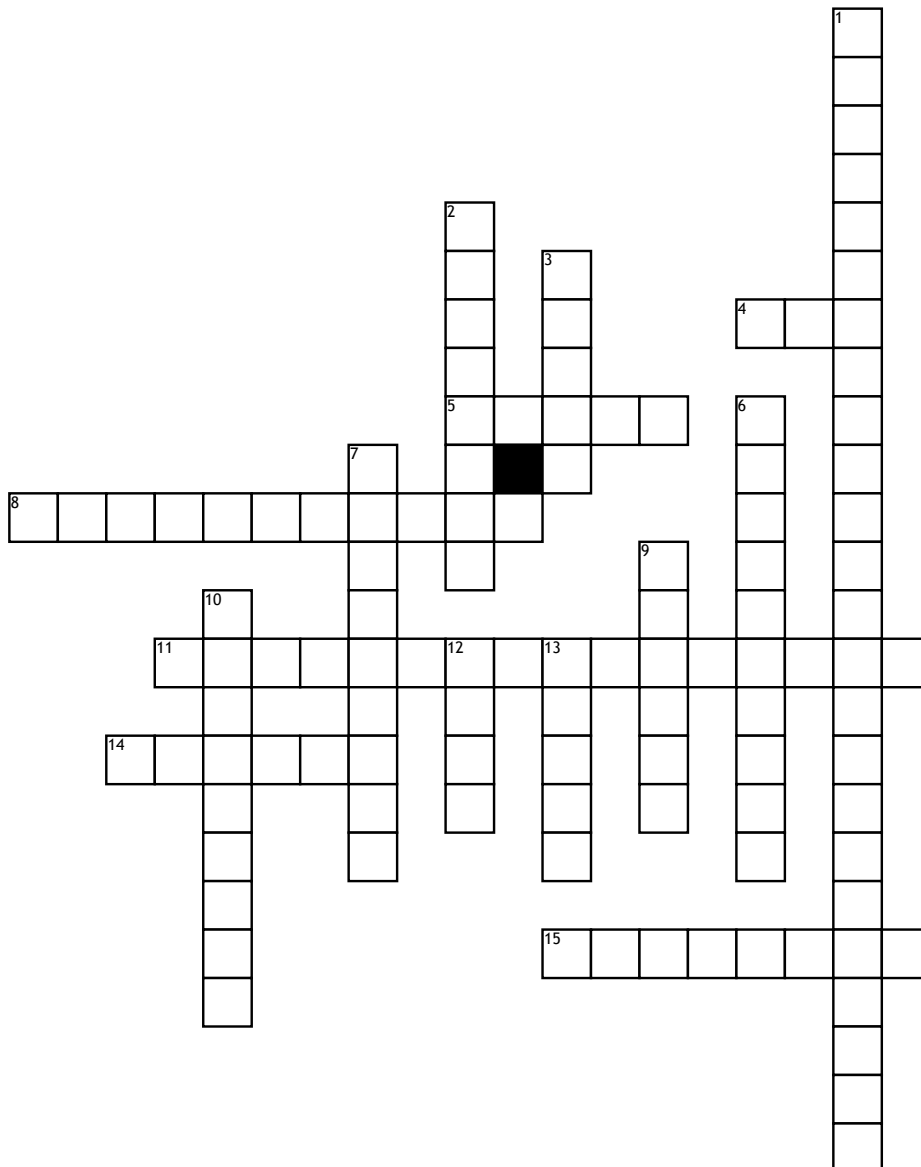


Name: _____

Date: _____

Golf Crossword



Across

- 4. each hole has an assigned number of shots
- 5. how many shots should a par three be
- 8. if you go to shots over
- 11. what is A normal resting heart rate for adults ranges from 60 to 100 beats per minute.
- 14. cardiovascular exercise
- 15. what is the the quality or state of being physically strong.

Down

- 1. what is the ability of the circulatory and respiratory systems to supply oxygen to skeletal muscles during sustained physical activity.
- 2. how many holes are there
- 3. what do you keep to see who wins
- 6. what is the fact or power of enduring an unpleasant or difficult process or situation without giving way.

7. when you score in one shot

9. a score of one stroke better than par

10. what is the speed of the heartbeat measured by the number of contractions (beats) of the heart per minute (bpm).

12. Name A sport with golf balls.

13. A score of two strokes or better