

<u>Across</u>

 Basic shape; legs apart out infront
 Position where legs are in line with one another; extended in different direction
 To jump over; spring over 9. Weighing equally throughout body
10. A side wards acrobatic movement
12. Basic shape; legs bent into self
Down
2. The position of the body when

3. Come out of/get down from
4. Be able to easily bend/stretch
5. A gymnastics balance equipment
6. Basic shape; legs together out infront
11. A curved structure

standing or sitting