

Name: _____

HEALTHY MIND

M P K A D I L E A R N I N G R B D
T O T G E D Z B X K M T R R E M D
V S T U D Y B V E E H Q R A G B O
S I F Y O P N S D I N H T C R B P
U T V W P T I I N O P Q S T U K A
O I O X K C T K P E A C E I K S C
I V O N R A S E H Z A L R V P O U
C E M E T T F F K L Y E U E N D R
S X X I J K H A K O X A X T W A Y
N E O C A Q N G V J V R E H I E L
O N T N F G Z O I P C N I B S R E
C I W N Y K N C W S T L U S D A V
Q A A P J C V C M L N W A V O E A
T R O W Y P L Z E D E I M R M M R
W B E M Y N N T D F X D S H I X T
D P B C O N F I D E N T G W R T N
T P U R P O S E Y D G T I E U A Y

MEDITATION CONFIDENT CONSCIOUS KNOWLEDGE EXERCISE
LEARNING POSITIVE CLARITY CONTENT INSIGHT
PURPOSE ACTIVE THINKS TRAVEL WISDOM
BRAIN CLEAR PEACE STUDY READ
REST