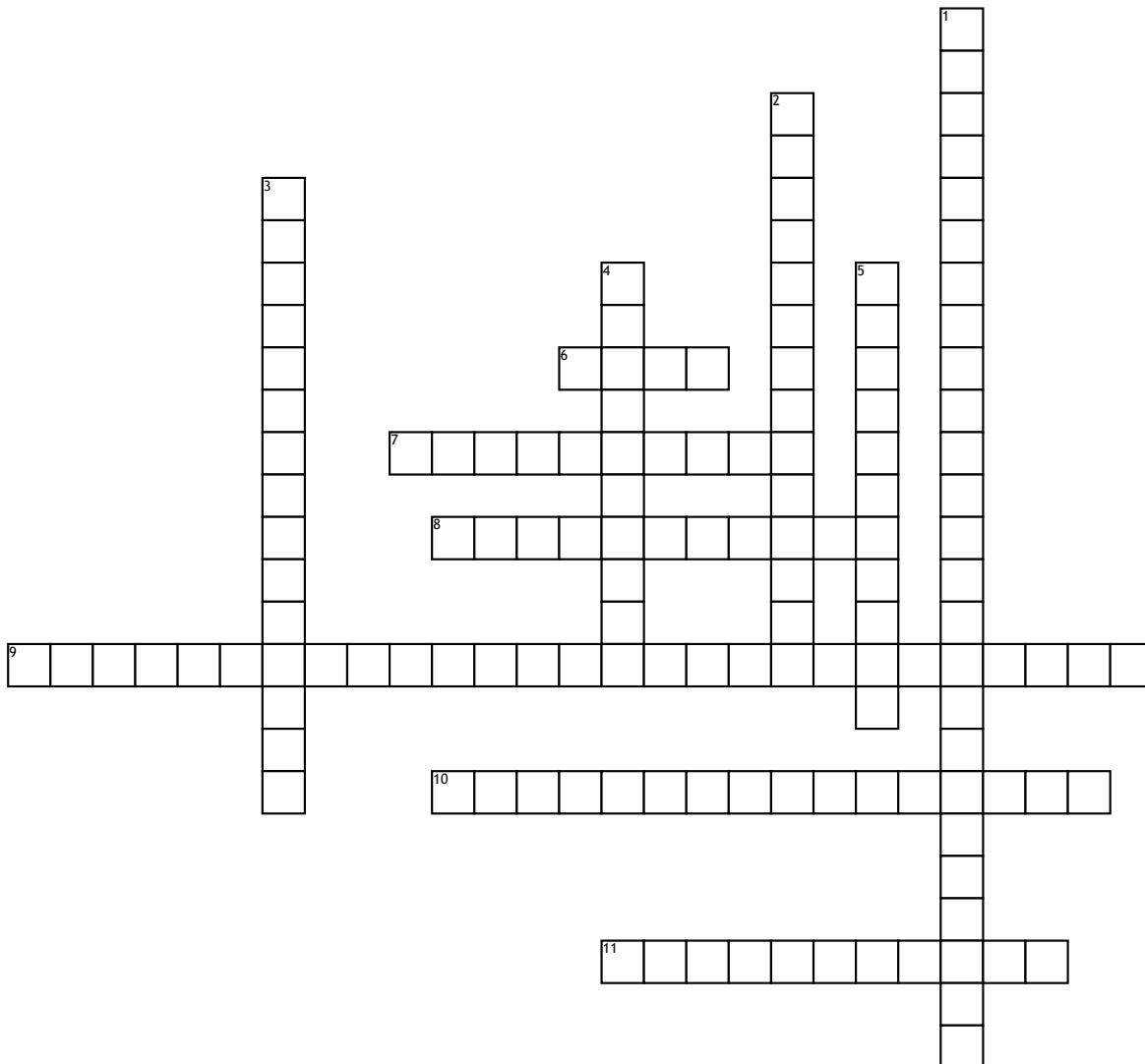


HNN222 PASS



Across

6. A disorder characterised by failure to recover after experiencing or witnessing a terrifying event (use abbreviation).
7. A well known support service for anxiety and depression sufferers.
8. Fear of places and situations that might cause panic, helplessness or embarrassment.
9. Involved obsessions (thoughts, impulses or images) that cause marked anxiety and/or compulsions (repetitive behaviours or mental acts) that attempt to neutralise anxiety.
10. An overarching strategy that aims to prevent and reduce the myriad harms associated with the use of psychoactive drugs (licit and illicit) in the community.
11. Palpitations, and/or accelerated heart rate, Sweating, Trembling or shaking, shortness of breath or being smothered, Feeling of choking are symptoms of WHAT?

Down

1. A structured psychological treatment which recognises that the way we think (cognition) and act (behaviour) affects the way we feel. It involves working with a professional (therapist) to identify thought and behaviour patterns that are either making you more likely to become anxious, or stopping you from getting better when you're experiencing anxiety
2. Pattern of substance use in which the user consumes in amounts or with methods, which are harmful to themselves and others.
3. A class of drug commonly prescribed in the short term to help people cope with anxiety conditions.
4. Physical and mental symptoms that occur after stopping or reducing intake of a drug.
5. The term for a rapid heart rate, a physical characteristic of anxiety.