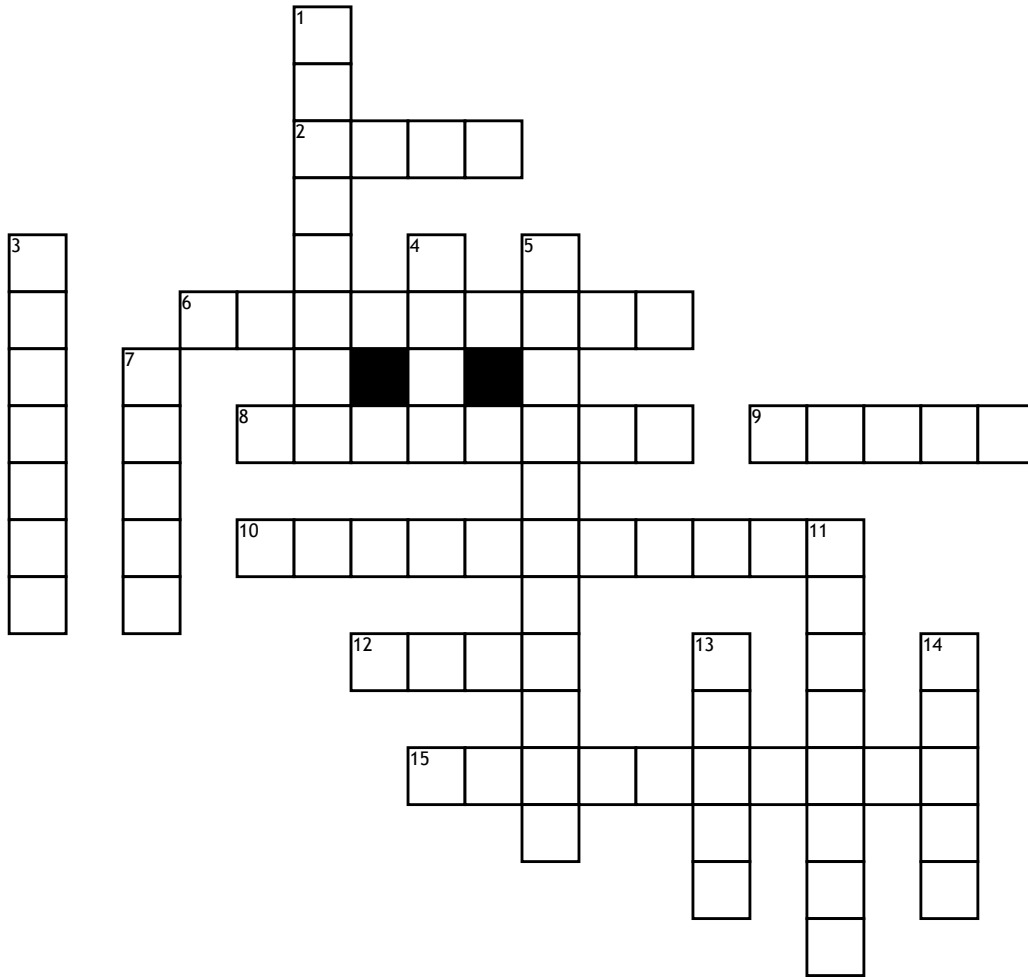


Name: _____

Date: _____

Hand on your Heart



Across

2. Reducing this in your diet can improve heart health

6. The P in CPR stands for _____

8. Which type of blood vessels have a pulse

9. Found on both sides of the heart.

10. The valve between the Left Atrium and Left Ventricle

12. the heart is made up of _____ chambers

15. An _____ system controls the rhythm of your heart

Down

1. The heart is a _____ organ

3. A food that is good for the heart

4. What feeling is the heart associated with?

5. blood vessels that have the thinnest walls

7. The heart is made up of _____ layers of tissue

11. This activity can improve heart health

13. The main artery that carries blood away from your heart

14. Regulates the direction of flow of blood through the heart

Word Bank

Four

Salt

Valve

Aorta

Arteries

Three

Avocado

Exercise

Love

Lungs

Electrical

Pulmonary

Muscular

Mitral Valve

Capillaries