

Name: _____

Date: _____

Health 8 - Support Strategies

Z L R W I R T J I O L Q U R Z Y X U V H Y S T D
Y O D H X U I S N G Y T Q E V H V B W W M J R N
T D S U P P O R T G G X X S V T F S O Q X D U O
S G M M P G Y F E C N Z N P S A U T X G V E S U
E F R F Y N R R N Y I N K O T P B R E U Z H T H
N F L O V E X I T I V G H N D M J A B Q Z Q W E
O Y I B J R O E I J I B L S O E Y T T R L C O L
H C C T G Z L N O X E R T I X U A E E E D W R P
E E U I Q W O D N W C T C B Y N Z G G L S L T F
W N S R Q B Y S S L E C S I Q D L I B A N N H U
B A E P N W A H O N R E N L X E B E H T O E Y L
B S J T M I L I P O B P J I E R U S E I I T Y B
D S Y G W P T P X H R S I T K S V S C O T S K W
J U S S M O Y S V M N E T I A T W S T N C I T N
R M M E E P R W R S Z R B E U A S E P S A L M M
I P L U I P W K Z A K L N S W N U N L H H L B M
M T R I C R Q C S K M I I Q G D Q E T I J X Y H
F I X Z M U A M M K F K L N G I K R K P W R V J
X O Q L Z I V D U Z J S I L W N T A T S B J U T
I N Z M R P T Y N U N V C A S G C W D N G C H M
C S K L I U I S L U I O R Q F P W A O E R B J F
H F U L M A T J B G O N O I T A C I N U M M O C
S M O Y D F S D A U J B C Y A E A D K C M A J Z
Z J O X N Z X H U T T N E Q B C J L U L Y B P M

responsibilities
assumptions
intentions
networks
honesty
giving
love

communication
friendships
strategies
actions
loyalty
limits

relationships
trustworthy
receiving
empathy
respect
listen

understanding
boundaries
awareness
helpful
support
skills