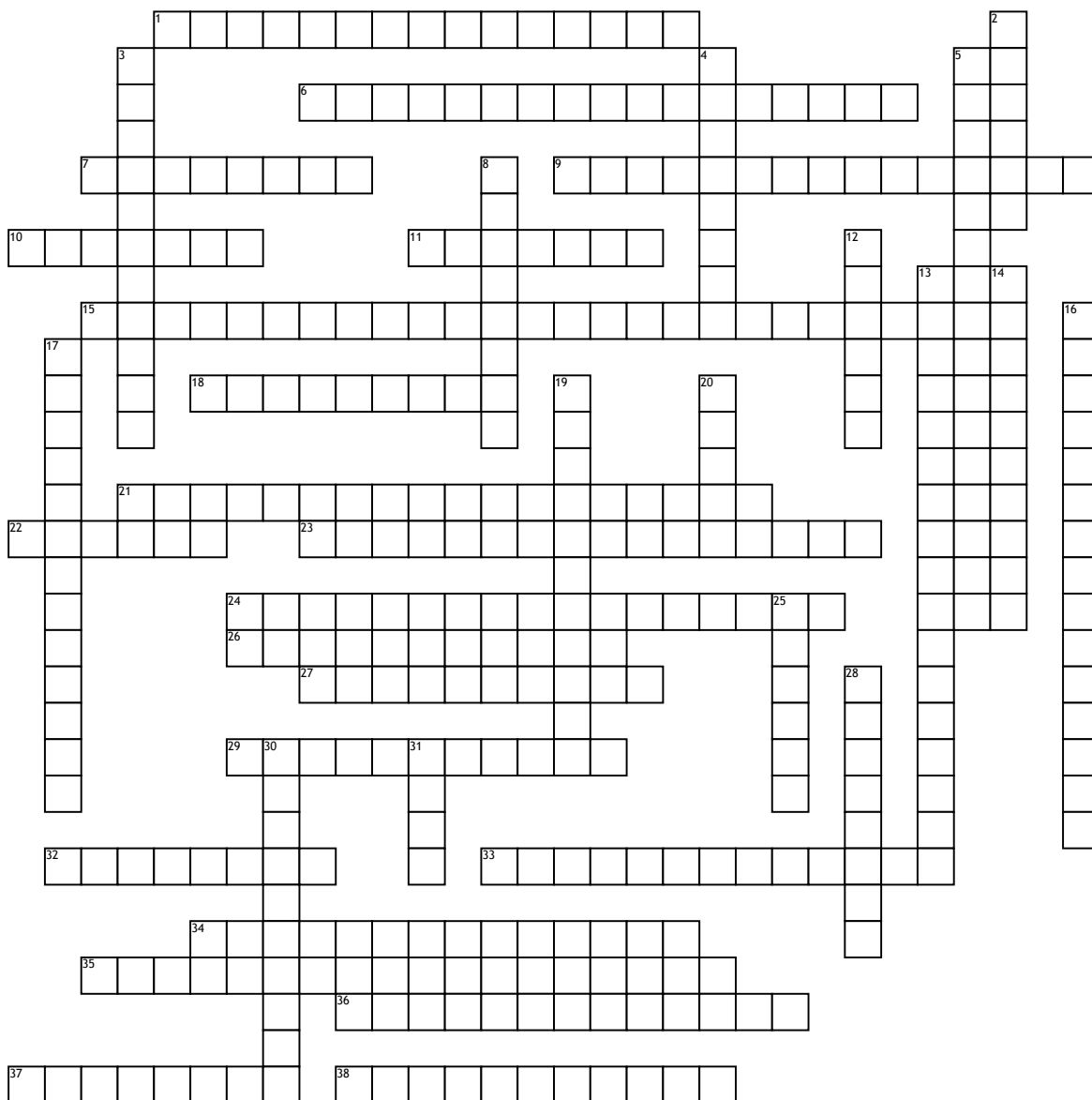


Name: _____

Date: _____

Health Crossword



Across

1. increase use of oxygen
6. Not getting fatigued
7. a broken bone
9. ratio of fat to lean tissue
10. major problem in adults
11. eat large amounts of food then throws up on purpose
15. long period of vigorous activity
18. freezing of tissue fluids
21. resisted through range of motions
22. power microcomputer which interprets absorption of light by fat
23. force
24. little to no movement
26. rids the body of the little food they eat
27. weigh more than desirable weight
29. range of motion

32. measures thickness of skin
33. lowers rate at which calories are consumed by the body for energy
34. painful muscle skin, heavy sweating, nausea
35. not moving
36. obese working out
37. top layer of skin removed
38. repeated loss and gain of body weight

Down

2. injury to tissue surrounding joint
3. measures body fat
4. deep narrow wound
5. combine movement of joint with contraction of muscles
8. measures how much energy a food has
12. overstretching a muscle

13. short burst of activity
14. breakdown food into energy
16. State of health and wellness
17. helps slow blood flow
19. being too thin
20. too much fat
25. circulatory system fails when insufficient amounts of oxygenated blood are provided
28. immediate care given to an injured or suddenly ill person
30. a cut with jagged irregular edges
31. flap of skin and are burnt off