

Name: _____

Date: _____

Health: Lessons 1 and 2 Vocabulary

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| 1. to tend or keep in a state of wellness | A. Facilitator |
| 2. The customary beliefs, behaviors, arts and social structures that people in a society learn, share and pass on to future generations. | B. Groundrules |
| 3. Connected in some way. | C. Social Health |
| 4. A person who makes things easier. | D. Emotional |
| 5. Related to feelings, such as love, hate or fear. | E. Respect |
| 6. Dimension of health that has to do with the body. | F. Mr. Juergens |
| 7. Dimension of health that has to do with how people think, feel and act as they cope with life. | G. Dimensions |
| 8. Dimension of health that has to do with your relationship with others. | H. Interrelated |
| 9. Dimension of health that has to do with how you find meaning and purpose in your life. | I. Culture |
| 10. A rule or procedure; guidelines for how a group will work together | J. Spiritual Health |
| 11. Consideration, Esteem or Regard. | K. Prosocial |
| 12. Something a person is required or has committed to do. | L. maintain |
| 13. Contributing to a social group in a positive way. | M. Responsibility |
| 14. Type or subset of something. | N. Physical Health |
| 15. Your Health Teacher's Name | O. Emotional Health |