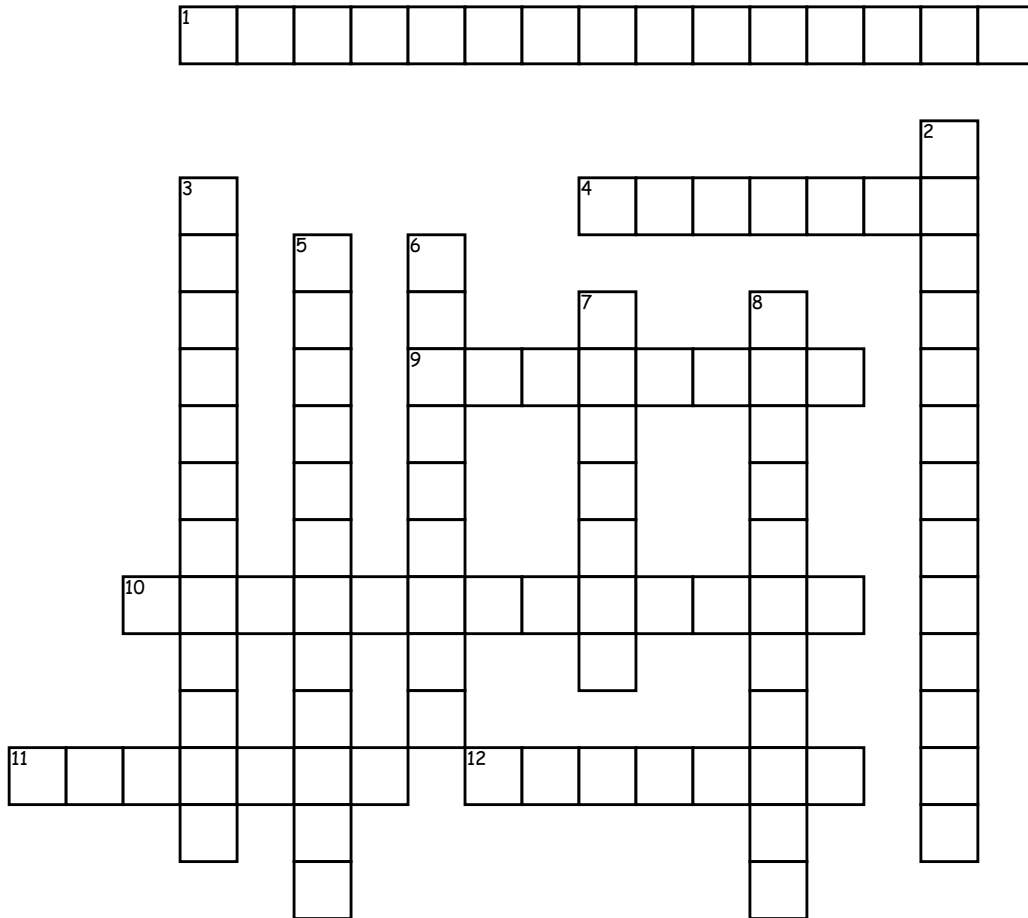


Name: _____

Date: _____

Health Vocab



Across

1. Identifies the proportion of nutrients in foods

4. Emotional disorder involving body image distortion

9. Loss of appetite (food eating disorder)

10. A key index for relating weight to height

11. Chemical element required by organisms

12. Organic compound essential for growth

Down

2. Fat that contains high proportion of fatty acid

3. Calories with zero nutrients

5. Is a large group of organic compounds

6. Usually used in manufactured cooking oils

7. Organic compound that consists of long chains of amino acid

8. Eating lots of food in short periods of time

Word Bank

Mineral

Binge Eating

Carbohydrate

Anorexia

Trans fats

Bulimia

Zero Calories

Vitamin

Protein

Nutrient Density

Saturated Fats

Body Mass Index