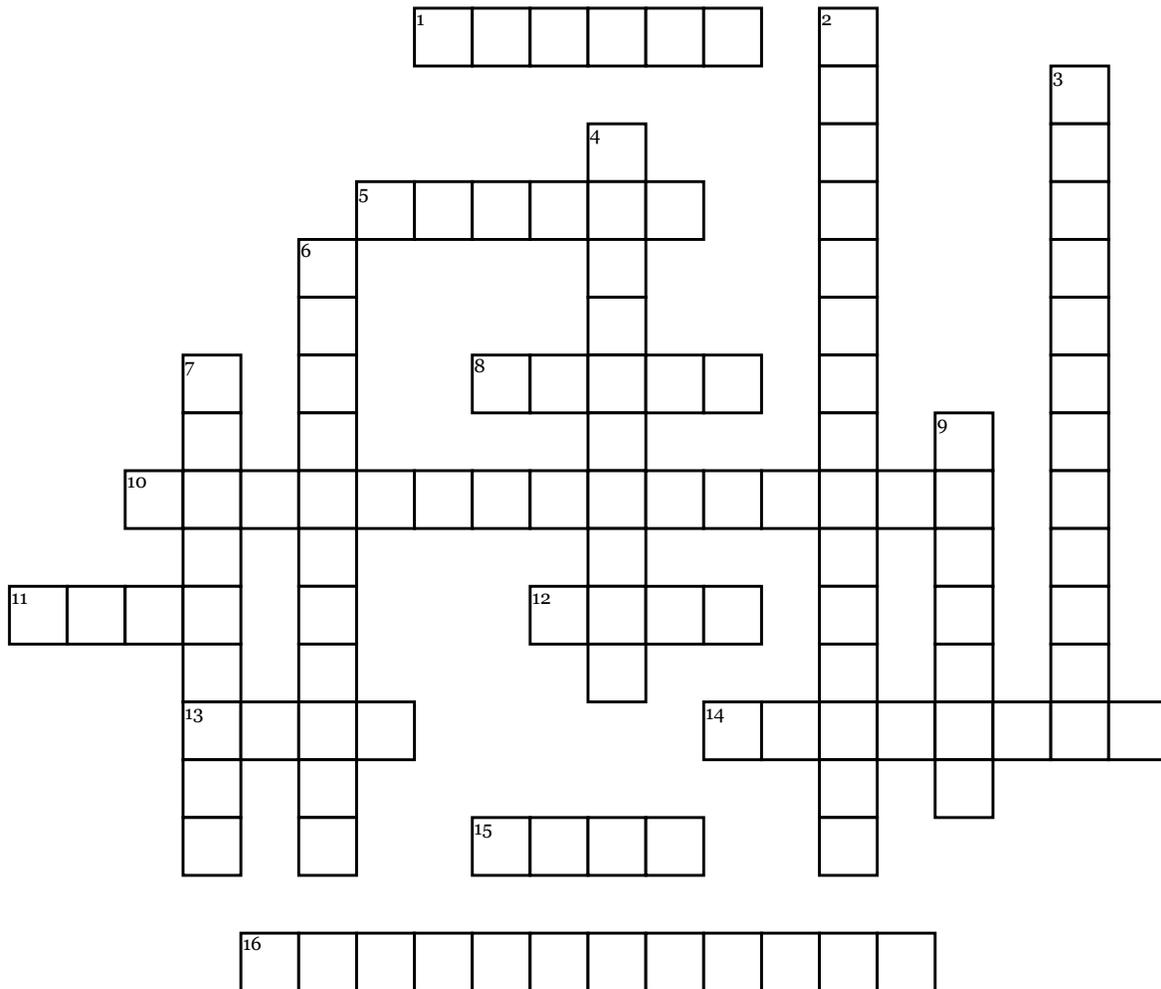


Health and Safety



Across

- 1. Reduce _____ for a better work/life balance
- 5. Watch out for hidden _____
- 8. The S in PASS stands for?
- 10. wear _____ appropriate for the job.
- 11. Eating at _____ can help with avoiding processed foods

- 12. pick up boxes with your _____ not your back
- 13. Always know your _____ plan
- 14. _____ at least 30 minutes a day.
- 15. Eating more _____ can help with your overall health
- 16. _____ Can significantly help with weight loss

Down

- 2. _____
Depends on you!
- 3. Be aware of your _____
- 4. Follow Correct _____, Don't Take Shortcuts
- 6. Eat _____ often
- 7. Safety and this go hand and hand
- 9. Always _____ before, during, and after work