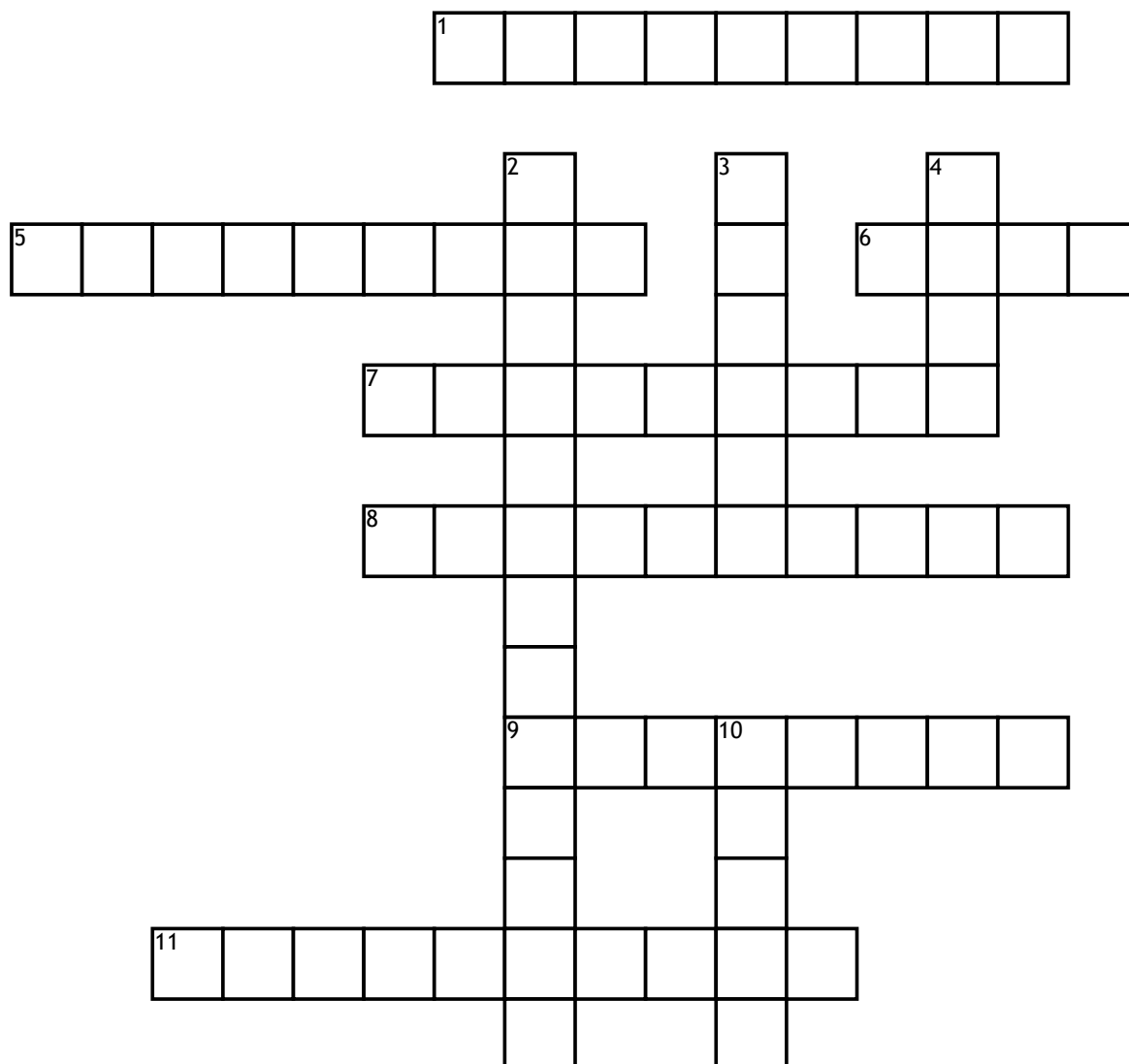


Name: _____ Date: _____

Health and Social Care - Unit 3



Across

1. Verbal + Emotional support for trauma or Mental Health

5. Supports

Overweight/Underweight individuals with advice on food

6. Individuals should follow a healthy and balanced...

7. Smoking, alcohol and drugs are all "a...." substances

8. "M" in SMART

9. Support given by Family, Friends or Neighbours

11. Gives advice on medication

Down

2. Specialist Doctor who works with Children

3. First Point of Contact for unwell individuals

4. "T" in SMART

10. Name given for high BMI