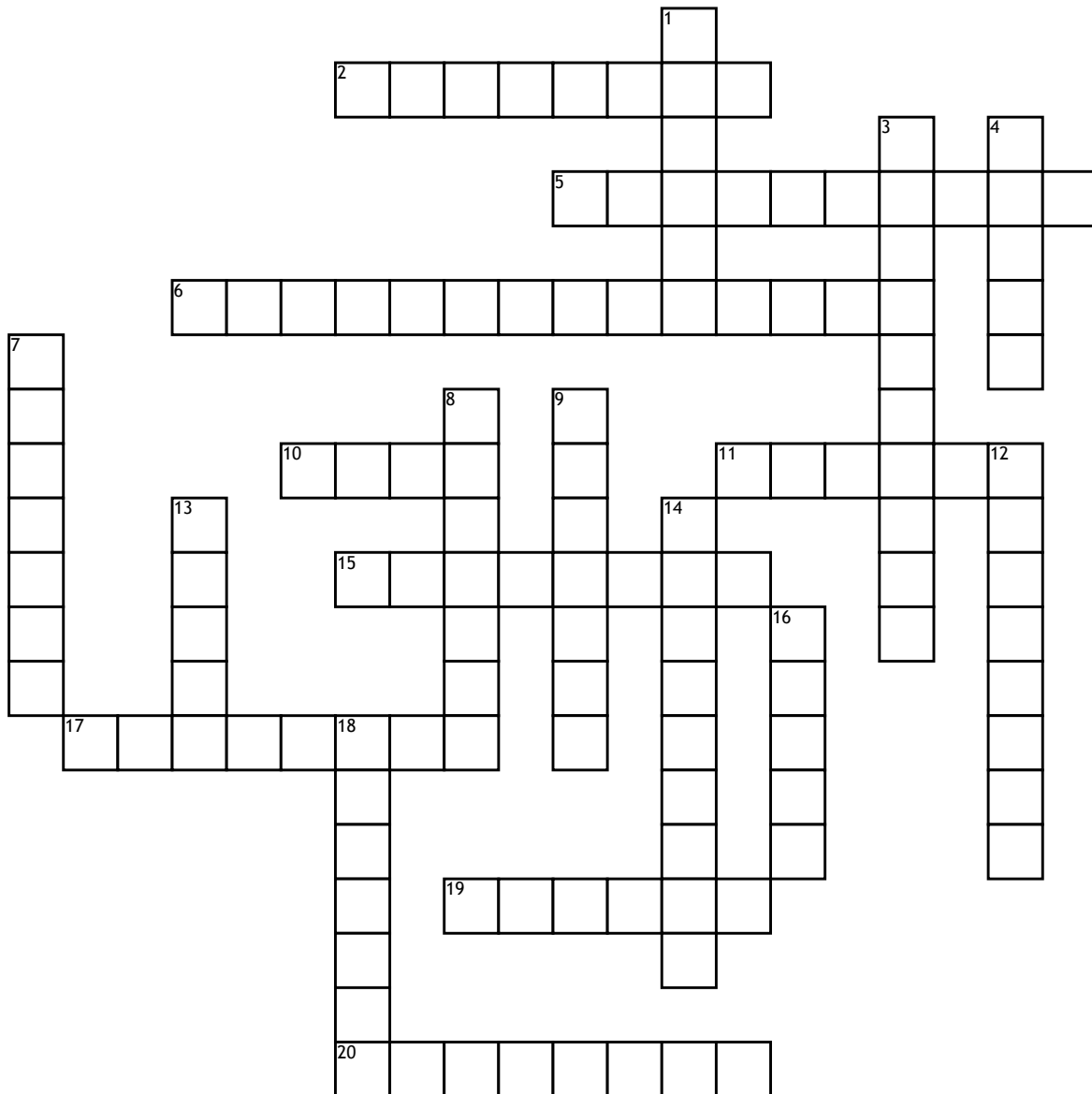


Health and pe lifestyle words



Across

- 2. Infront
- 5. Muscle in the upper chest
- 6. Muscle on your bottom
- 10. is located on the opposite side of the forearm from the thumb
- 11. Towards the middle
- 15. Provides a framework for the body
- 17. Intervertebral discs at your neck

- 19. Enables the joint to bend and straighten
 - 20. Freely moveable joints
- Down**
- 1. Intervertebral disc located at the tailbone
 - 3. Muscle at the back of your thigh
 - 4. Type of synovial joint that rotates
 - 7. Breastbone
 - 8. To the outside

- 9. Small bone in the knee joint
- 12. Stabilises joints and keep bones properly aligned during movement
- 13. Bones in your thighs
- 14. Behind
- 16. A place where two or more bones meet sometimes allowing movement but not always
- 18. Bones in your wrist