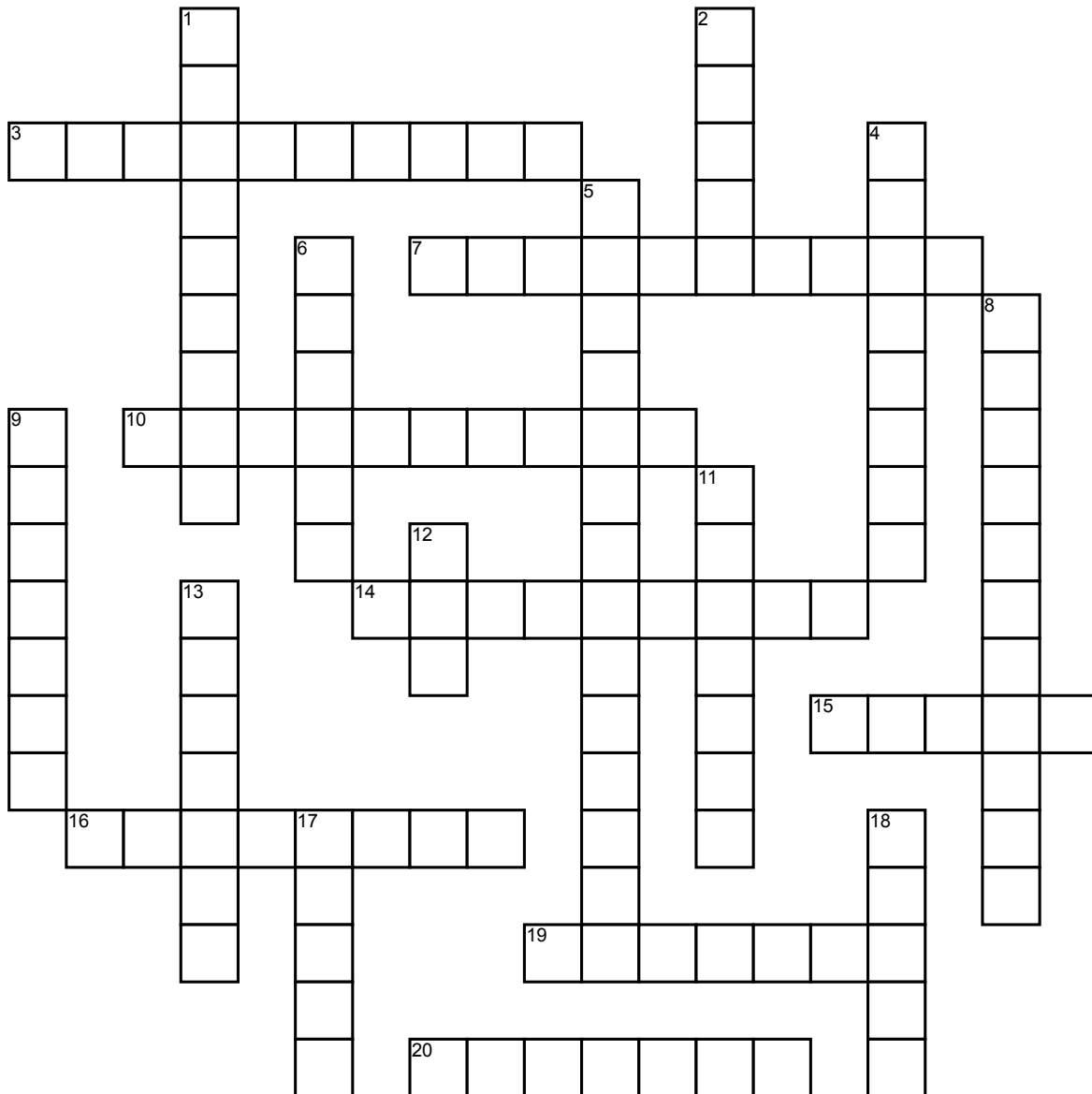


Healthy Behaviors



Across

- 3. Action of leading group of people or organization
- 7. accompaniment to meat or fish such as cabbage, potato, carrots or beans
- 10. the act of motivating or providing with a reason to act in a certain way
- 14. the state of being happy
- 15. sweet and fleshy product of a tree or other plant
- 16. settled way of thinking or feeling about someone or something

- 19. practice conducive to the preservation of health
 - 20. Helps in growth and muscle tissue
- Down**
- 1. the process of causing to absorb in water
 - 2. fatty acids
 - 4. Something done or performed as a means of practice
 - 5. a state or fact of being accountable or to blame for something

- 6. being in a state of progress or motion
- 8. relying on oneself or on ones own powers and resources
- 9. condition of being physically fit and healthy
- 11. particular selection of food
- 12. Take into mouth and swallow for nourishment
- 13. possessing or enjoying good health or a sound mentality
- 17. firm belief in the reliability, truth, ability or strength of someone or something
- 18. to be dormant or inactive