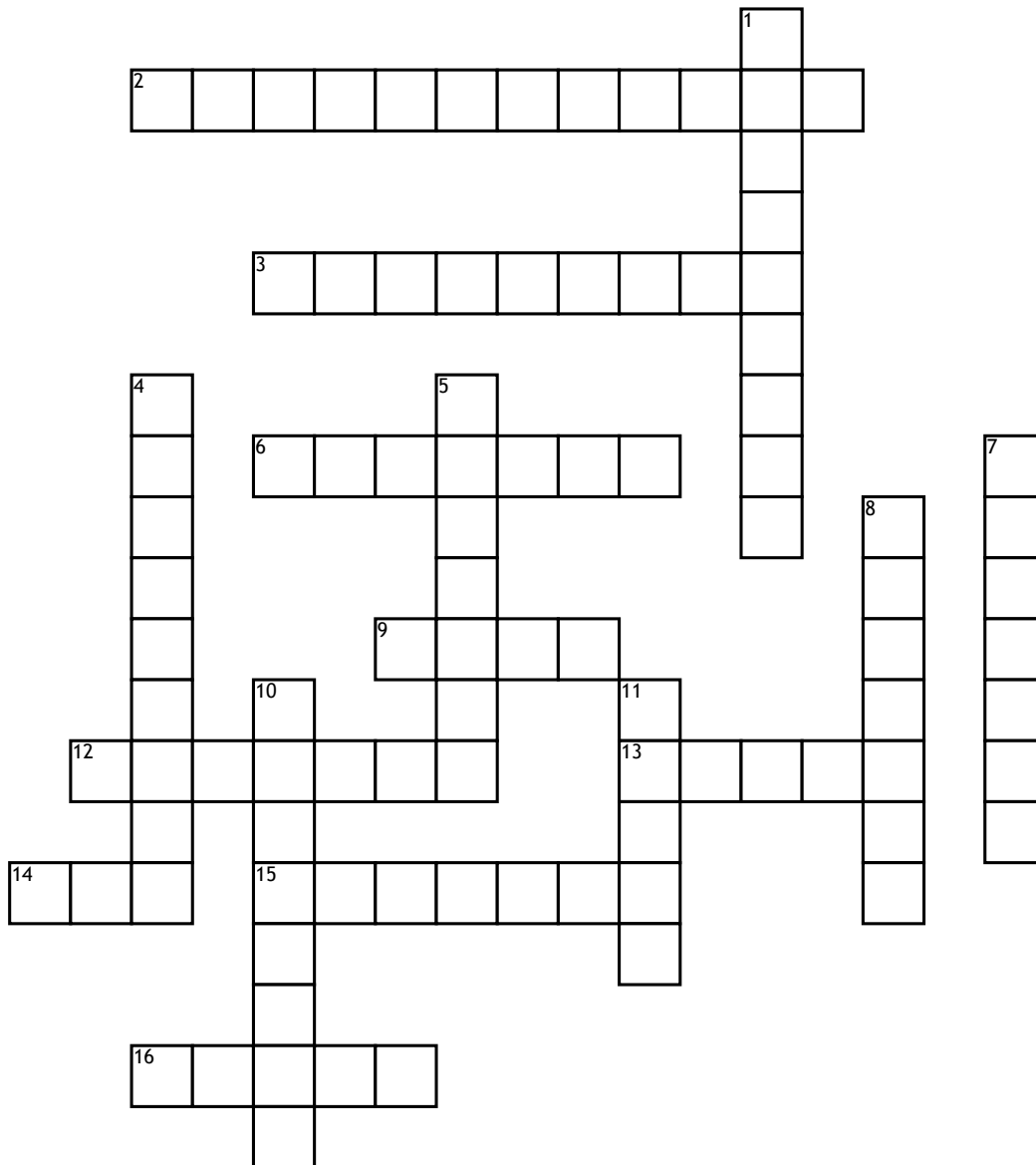


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Eating



## Across

2. Sweetcorn .... but on a roll
3. What food category is a cucumber in?
6. Monkeys like to eat these
9. Makes your bones strong
12. Eat these to see in the dark

13. What is green or red and has a core?

14. Too much of this in your diet is bad for you

15. Leafy green vegetable

16. Tomatoes, cucumber and lettuce make a nice one of these

## Down

1. White on the outside with a yellow centre

4. Most important meal of the day

5. Dried grapes

7. Protein to go with your salad

8. Body builders drink this shake

10. This vegetable looks like a mini tree

11. You should drink 8 glasses of this a day