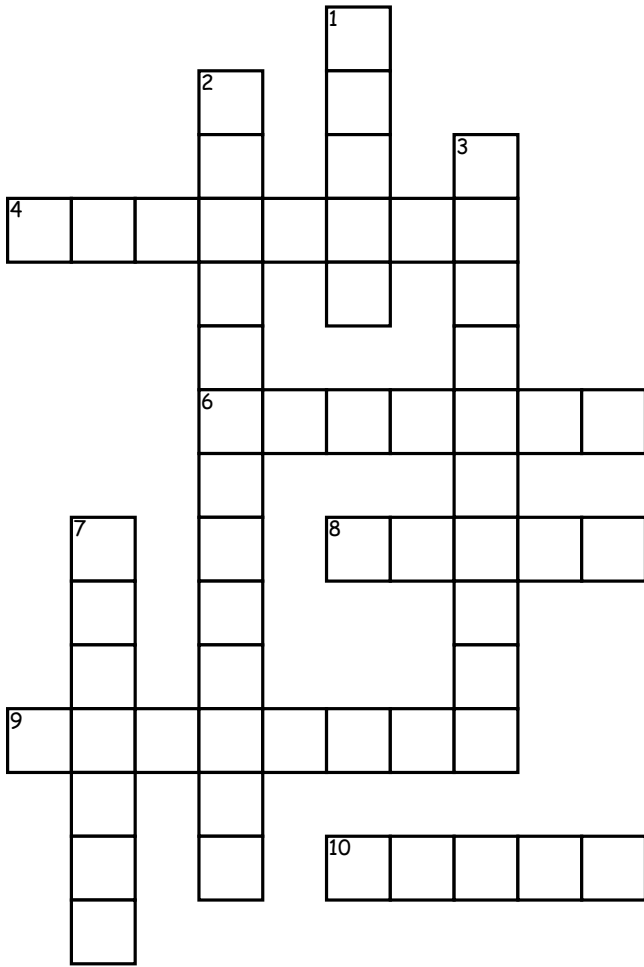


Name: _____

Date: _____

Healthy Eating



Across

- 4. running, sport and walking etc
- 6. eating your fruit and veg will make you this
- 8. fruit and
- 9. found in meat, fish and eggs
- 10. gala or granny smith

Down

- 1. 1 of your 5 a day
- 2. starches found in fruit and veg
- 3. they grow in the ground
- 5. you drink it
- 7. they are orange