$\qquad$
$\qquad$

## Healthy Foods












 D $L$

 I G $\quad$ R $\quad \mathrm{S}$


 I G $\quad \mathrm{E} \quad \mathrm{L} \quad \mathrm{O}$




cauliflower strawberry asparagus blueberry cucumber

| broccoli | peanuts | oatmeal | coconut | avadado |
| :--- | :--- | :--- | :--- | :--- |
| chicken | potato | yogurt | cheese | celery |
| walnut | almond | carrot | banana | orange |
| beans | onion | melon | salad | apple |
| water | tuna | fish | milk | egg |

