

Name: _____

Date: _____

Healthy Foods

S I B Y F U S Z R V X H G O Q S Z K E R E S V O
N E G H X R C F I B L I S P P Q H V O B V C O I
K U U H C Z X Y Y C A D E S E E H C U F R U I T
A K V W P Z F G Q L I N Y W K O I K Y G P E O C
U H N E Z H O H K G R L A B L U E B E R R I E S
N S S Y F D P B S S D C Y N O K N B Y S L I L K
V E T T A E M A E A X G Q G A U P M R P H Z N F
O R K U O F D U P U G X K D R L W F I E C J K N
X E V C N R F Z Q P G H A E S A A A G L A W O W
Y S D G I A R L L Y L T W N S W N R A S K D L K
A A T O C H E A W Q Y E E E H A A O M C K T R Q
Z B A R B S C P C T C E O U A X H H L F E B W K
M J X J A K J Q W J R T S O Z L V Y Y A H K A L
T P E F T W Z M O G A E A E Q Q M H M T A S T H
R S U R I I B Y N M K Z G P P R D O C Q X Z E W
P E S U B L E E O Z V S D G R A G K N R I Q R N
Y O A G V O M T R G W X N T S O R E N D A G M G
D T L W G C H B Y R R V V I R W T G G U S S E I
U A A C I C O S R X I Z B W A U E E V N J P L N
O T D L F O D M I W S E A L L R G V I C A O O A
S O H W G R W M A Z Z T S G K V G O O N Z R N E
Y P G O W B O A D P E Q K W X L V W Y D Z K O N
P E J A Q W S A H R D C H E R R I E S Z Z V L G
R B L S T I D O N H Z A J N D I W S N N F I S H

fish

greens

broccoli

cherries

potatoes

bread

peanuts

orange

protein

strawberries

granola

water

almonds

blueberries

fruit

grapes

yogurt

carrots

chicken

banana

dairy

salad

grains

cheese

eggs

apple

watermelon

tomatoes

meat

milk