

Name: _____

Date: _____

Healthy Lifestyle



- balanced diet
- carbohydrates
- friendship
- relaxation
- vegetables
- exercise
- happiness
- lifestyle
- strength
- cycling
- fitness
- jogging
- leisure
- muscles
- protein
- energy
- health
- fibre
- sleep
- sugar
- fruit

F H S X X E P R Z O N F Y S S E N T I F R J T C
 B H E M N C I U M G G X G Z A V W U Y A B U W X
 X R L D P J H A A U I W N B Z A D L G G V W K O
 R E B L E I S U R E Y L I Q T M L U N T R G S N
 K L A B H D D R F D C S G S C S S A C R L E U Q
 I A T M W E N Z Z R R C G I A A D A L G T D N B
 C X E D I B E B R D O Z O Z N Q O B N F F N T E
 U A G X L C I C S Y V B J L Y L U K D W I P H O
 Q T E F R K R C E G G N N B I C S V B V Q E M B
 N I V G Y E F R T Q P B I I X F S E L C S U M W
 T O H D Q G Z F A G I X E C A T E T R I C O V K
 D N A U V F L V R Y O T T E P C R S W X F L L X
 Y O Y Z W V X G D Q S E O B B C F T T Y F R X L
 I E N H K X T V Y C V I R U D Z W Y G Y R Y C X
 E X U A Q G F G H V O D P Z O F L F N F L R J N
 D C L P P O D T O Y P D D G S P E S I X M E E H
 V E P P X D K K B M B E J C F H C I L B D F N E
 P R E I Q D Y Q R D R C I E R B I F C V R M R A
 S C E N G M J S A V K N B Q U H A J Y F W S F L
 C I L E D G G I C I L A U G H H I R C Z F V R T
 D S S S I L I T X P A L Z W Z Q B F T H Y E U H
 X E Z S R Y C C B B L A R R G B K V E B C O I Y
 Y T Y U N P M S G V H B I F H B W X I C U N T Q
 U K J Y O E B Y S T R E N G T H U V G D Q F M Q