

Name: _____

Date: _____

Healthy Living



- carbohydrate
- relaxation
- friendship
- vegetables
- happiness
- lifestyle
- appetite
- balanced
- training
- calories
- diabetes
- exercise
- strength
- cycling
- disease
- protein
- fitness
- muscles
- jogging
- alcohol
- glucose
- leisure
- posture
- energy
- health
- oxygen
- fibre
- sugar
- dairy
- sleep
- diet
- yoga
- fat

S U R Z A Y E K C C W G E S M D E C D V N Y R W
 E X M A R F G L X K A G C U T M T K I E L H I Z
 L K B L Q N R E Y L E R O A J R E Z E B E A C O
 C P J K I J P P F T R E C J L V E N T A Y M O V
 S P R O T E I N R Z S A X O W O V N L M K S I E
 U D R X Q B X C X I X E G Y H O R T G E Y E J Q
 M E H P S E L J W Y D Q F U B Y H I U T N G H D
 P C K L E I S U R E Z A R I S W D H E E H N Q I
 L N S G N E A P P E T I T E L Y N R R S C Y L A
 A A V T U T L X S P D X B W T O Z G A N B W F B
 E L C K O M Q S F Q I G D T I F Y I G T Q Y V E
 L A S Y Y Y O G A B W J F T O S Z A N M E T W T
 X B N S Z P W Y L H O O A O E I C E K Z Q T L E
 A L C O H O L X R G O X N L H A P P I N E S S S
 N D S S O U V F G P A K B V S E Y R W V Q I U T
 W Y E Q N C B I K L G A E A E Y H H E Z R N S A
 O S S E D J N U E N T Z Z S D S S E N T I F K B
 T G O U G G F R I E C F A Q M B E X E R C I S E
 C Y C L I N G N G W Y E S Q T N V S S E R B I F
 R A U D S J I E G L S O Q U I I Y V H M A T L Q
 T W L J A A V O N I X H Y Z Q E I O D W V A Y D
 S O G W R I Y W D N M P O S T U R E K P I F K S
 A L V T X S R A G F R I E N D S H I P E B N S R
 A V H B V B T Y D O X Y G E N I V L A Q Y U F W