

Name: _____

Date: _____

Healthy Snacking

T S S K Q P D A E R B T A E H W W
Y G R P F Z W S A M M I S Z N A K
A R E Q C R P E M Y N Y T J Q F J
S A T N O A K P P M O Z U J V B Z
A N T P T B G A H E I G N Y W E Z
P O U I T N V R S U S L U Q V R C
P L B T A I W G S T M L K R A R C
L A T A G E R Z C B O M E B T I X
E B U C E T S V U R J R U G J E T
A A N H C O D A M P L Q R S A S X
B R A I H R C E L E R Y S A N B I
B H E P E P L L S R Q G M E C K L
M C P S E U G B Q J E K N S T B O
J I B M S S E J B D B N Q E D Y C
E X C Z E F L B A N A N A E L L I
C K L I E G N A R O M O Q H D G J
M H P R A I S I N S C U T C F N N

cottage cheese	peanut butter	wheat bread	granola bar
protein bar	pita chips	berries	raisins
carrots	celery	grapes	cheese
yogurt	orange	banana	hummus
bagels	apple	nuts	milk