

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Snacks

H G T S U N F L O W E R S E E D S  
S L H A X A D S N I S I A R P S G  
M T B P J Y O L S E I R R E H C X  
O L A P I L O C C O R B M V V H V  
O Z N L A Y I B Z T F R Q P R H J  
T Q A E Y R E L E C L O D E O D L  
H X N S X V X U L J Q L R A O E P  
I R A K S L U E S H S W I N L L E  
E S S N N G G B T Z W J E U Q P P  
S Y Q O R R P E U W D J D T E P P  
Y O G U R T T R N F R P F B S A E  
M E B T Z D G R A P E S R U T E R  
G H N Y A S W I Y A Z Z U T O N S  
I C V M G A B E R K Z U I T R I M  
W E G N A R O S A W B W T E R P V  
Q V A J Z X I M L I A R T R A C I  
S E G N N O M F P K Y J N X C H H

trail mix

dried fruit

blueberries

cherries

yogurt

peanut butter

sunflower seeds

nuts

peppers

smoothies

raisins

pineapple

pears

orange

grapes

celery

carrots

broccoli

bananas

apples